

# Coordinating care—single entry point

## Rocky Mountain Health Plans

### Overview

Rocky Mountain Health Plans is the single-entry point (SEP) agency in Mesa County, Costilla County, Conejos County, Mineral County and Rio Grande County. The SEP is the point of contact to coordinate and adjust care to meet the individual long-term care needs of our members.<sup>3</sup>

Rocky Mountain Health Plans works with members, providers and a variety of community resource programs to ensure members have access to appropriate, individualized care so they may maintain independence.

The SEP determines if a member is eligible for long-term care services, like home- and community-based services, long-term home health, nursing home care, and home care allowance. We serve as the point of contact between programs and members in need of this care.

### Who qualifies for SEP services?

Members of Health First Colorado (Colorado's Medicaid Program) may qualify for services. Members who receive care are typically adults over the age of 18, but children in need of long-term care may also benefit from SEP services.

To receive these services and to have the cost of care paid by Health First Colorado, members must:

- Qualify financially for Health First Colorado as determined by a county eligibility specialist
- Complete an assessment of functional capabilities to determine if members meet functional criteria for services

### How Rocky Mountain Health Plans helps

We provide case management, care planning and referrals to local community resources for members who qualify. The member will be placed with a case manager, free of charge, who provides an assessment, service planning and follow-up for those receiving long-term care. We can assist the member in attaining the following services:

- Personal care provider
- Homemaker
- Personal emergency response units (Lifeline)
- Medication reminders
- Respite care (nursing facility, assisted living or in-home)
- Home modification
- In-home support services
- Consumer-directed attendant support services
- Non-medical transportation
- Adult day care
- Assisted living facility

## Questions?

For questions about long-term care programs or to make a referral, please contact our SEP Intake Line at 970-244-7892 or email us at [SEPIntake@uhc.com](mailto:SEPIntake@uhc.com).

For questions regarding ongoing long-term care program case management, please contact your area SEP:

- Mesa County [970-244-7892](tel:970-244-7892)
- Costilla and Conejos Counties [719-982-6025](tel:719-982-6025)
- Mineral and Rio Grande Counties [833-420-2077](tel:833-420-2077)