

Behavioral health prior authorization requirements for Rocky Mountain Health plans CHP+

Effective Dec. 1, 2024

General information

This list contains prior authorization requirements for health care professionals for which Rocky Mountain Health Plans (RMHP) CHP+ is the primary payer. Services not covered under the Evidence of Coverage will be subject to prior authorization.

This list changes periodically. Updates are announced in the UnitedHealthcare **Network News**. Please see our **Advance Notification and Clinical Submission Requirements** for the most current information.

To request prior authorization for services listed

- Participating and non-participating health care professionals may fax requests and documentation to 888-240-2689 or email rmhpbhvm@uhc.com
- For questions about behavioral health services (including mental health and substance use disorders), call **877-668-5947**
- Admitting facility may give notification by calling **877-668-5947**

Prior authorization is not required for emergency or urgent care. Out-of-network physicians, facilities and other health care professionals must request prior authorization for all procedures and services, excluding emergent or urgent care.

Single-case agreement requirements

For Rocky Mountain Health Plans (RMHP) CHP+ products, the following codes do not require authorization for out-of-network providers; however, they do require a single-case agreement for payment. To initiate this process, please email bh.sca.requests@uhc.com.

- 90832, 90833, 90834, 90836, 90837, 90838, 90839, 90839+ET, 90840, 90846, 90847, 90849, 90853

Procedures and services	Additional information	CPT® or HCPCS codes and/or how to obtain prior authorization
Behavioral health inpatient hospitalization	Requires prior authorization	All admissions to freestanding inpatient psychiatric facilities or hospital psychiatric facilities.
Long-term residential treatment <u>excluding</u> qualified residential treatment program (QRTP) and psychiatric residential treatment facility (PRTF)	Requires prior authorization for HB modifier only	H0019
Psychiatric residential treatment	Requires prior authorization except CMHC (POS 53)	H0017
Behavioral health partial hospitalization program (PHP)	Requires prior authorization	H0035
Behavioral health intensive outpatient programming (IOP)	Requires prior authorization	S9480
Electroconvulsive therapy (ECT)	Requires prior authorization	90870
American Society of Addiction Medicine (ASAM) level 3.7 medically monitored inpatient withdrawal management	Requires prior authorization for 5 or more days. The first days do not require prior authorization. However, requires notification of admission.	H0011
ASAM level 3.7 medically monitored intensive inpatient services	Requires prior authorization	H2036 with Modifier U7 Modifier HD for Special Connections cases
ASAM level 3.5 clinically managed high-intensity residential services, including special connections programs	Requires prior authorization	H2036 with Modifier U5 Modifier HD for Special Connections cases
ASAM level 3.3 clinically managed population-specific high-intensity residential services	Requires prior authorization	H2036 with Modifier U3 Modifier HD for Special Connections cases
ASAM level 3.1 clinically managed low-intensity residential services	Requires prior authorization	H2036 with Modifier U1 Modifier HD for Special Connections cases
ASAM level 2.1 intensive outpatient programming (IOP)	Requires prior authorization	H0015
ASAM level 2.5 partial hospitalization program (PHP)	Requires prior authorization	H0016
Unlisted service code	Requires prior authorization	99499

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