



2024 VABs

Program	Description	How to access	New or Expanded
Babyscripts	Members can enroll in the Babyscripts program to gain access to an app that has information on nutrition, exercise, newborn care, pregnancy stages and more. Up to \$75 in rewards can be earned on a Walmart Healthy Living e-Gift Card for completing program enrollment and attending specified appointments.	Download the Babyscripts app from the Apple or Google Play Stores, find "UnitedHealthcare Community Plan of Kansas", and sign-up with Member ID number.	
Nutrition Support for High Risk Pregnancy	Members identified as having a high-risk pregnancy and who are engaged in care coordination, will receive food support the last trimester and first month post-partum. Member receives \$145 credit per month to use from designated website (only healthy food items available for purchase).	Member will work with care coordinator, who determines need.	NEW, replaces blood pressure cuffs covered by Medicaid
First Trimester Prenatal Exam Debit Card	Pregnant members who complete their first prenatal exam within the first trimester (first 42 days of plan enrollment) and have their provider submit an OBRAF (Obstetrical Risk Assessment Form) form, can earn a \$75 debit card to buy health or baby items like diapers and wipes.	Once an OBRAF (Obstetrical Risk Assessment Form) form is received from the provider, a card is mailed or balance is added to existing OTC (Over the Counter) card. To activate card or check balance, call 1-888-682-2400 or go to mybenefitscenter.com	
Pack and Play	Community baby shower events for pregnant and new mothers. Moms learn about health and wellness for themselves and their babies. Pregnant members who attend a Community Baby Shower, where UnitedHealthcare is participating, and fill out attendance form will be able to receive a pack and play valued at \$75.	Member fills out a form at a community baby shower. UnitedHealthcare attempts to hold and attend events in major areas of the state.	NEW



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Adult Dental Coverage	Any member ages 21 and over are eligible for added dental benefits, like specialty x-rays and specialty preventative treatments up to \$500 per year.	Members work with provider in the UnitedHealthcare dental provider network. Contact member services for assistance: 1-877-542-9238	
Additional Vision	Adult members (age 21 and over) can get an additional \$60 once a year, to upgrade their frames.	Member can ask Vision provider. Providers wanting to participate can work with UnitedHealthcare Provider Services.	
24 Additional Round Trip Rides for All Members	Members can get up to 24 total round-trip rides per year to cover for example: getting to the pharmacy, grocery store, food bank, WIC, prenatal classes, support group meetings, job related activities such as interviews, job training, shopping for work clothes, or local community activities inclusive of activities that members can access such as career counseling, early childhood education programs or any activities that assist members to remove transportation barriers to access services.	Members can contact ModivCare at 1-877-796-5847 or Member Services at 1-877-542-9238 to set up a ride at least three days before the need.	
Bus Passes	Members (age 19 and over) who in Johnson, Sedgwick, Shawnee, and Wyandotte counties can get up to \$25 annually in bus passes.	Contact member services: 1-877-542-9238	
Dining with Diabetes	Members with a diagnosis of Type 2 Diabetes or their caregivers are eligible to attend Dining with Diabetes classes through K-State Research and Extension at no cost. Limited to one set of classes annually per member/caregiver.	Contact member services: 1-877-542-9238	
Educational Advancement	Provide adult members (age 19 and over) with education that might help with employment, such as GED, Coding Classes, Resume Writing Workshops, & ESL (English as a Second Language). Health plan will pay up to \$200 annually for education.	Contact member services: 1-877-542-9238	
Healthy Activity for All	All members (adults and youth) can access a \$50 activity or program (annually) at some participating organizations such as YMCA, Boy Scouts, Boys & Girls Clubs, and Parks and Recreation locations in Kansas or receive a fitness kit (or outdoor activity ball) for healthy activities at home.	Contact member services: 1-877-542-9238	

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Healthy Rewards	Members can earn debit card credits between \$10 and \$25 (up to \$75 annually) to use in specific retail stores to purchase CMS approved health related items. Ways to earn rewards: 1. Complete Health Risk Assessment, 2. Annual Well-Child visits for ages 3-17, 3. Members with a Care Coordinator can earn funds to buy items that support care.	Once a member completes activity, a card will be mailed or balance will be added to existing card. To activate card or check card balance, members can call 1-888-682-2400 or go to mybenefitscenter.com	
Help with Free Cell Phone	Free Smartphone with free unlimited text and minutes, free unlimited data including 25GB high-speed data, and free 2.5 GB high-speed mobile hotspot data, for members 18 years and older, max one device per household. Members will be able to opt into engagement and outreach enabling health-related campaign. Members will also be encouraged to use the device for telehealth with local providers.	Contact member services: 1-877-542-9238	
Post-Discharge Mom's Meals	Members can get 14 meals (two meals/day for seven days) from Mom's Meals, if discharged from a hospital, skilled nursing facility, or rehab facility and have mobility needs, no family support to assist with food access, and/or be at risk for readmission due to nutritional issues. Benefit available within 30 days of discharge. No age requirement.	Contact member services: 1-877-542-9238 or work with your discharge planner.	
Nutrition with SNAP Classes	Members who complete the Create Better Health SNAP Education Classes will receive a food journal and cooking item valued at \$50. Members who register for and attends classes, can contact UnitedHealthcare upon completion to receive the reward.	Member registers for classes, attends, and at completion, contact member services: 1-877-542-9238	
School Supplies	Members who are in foster care can receive one school supply box per year.	Members can contact their foster care agency to receive school supply box.	
Air Purifier	Members 18 years old and under with an asthma diagnosis are able to receive an air purifier valued at \$75. This is an annual benefit.	Contact member services: 1-877-542-9238	NEW

Program	Description	How to access	New
Bike Helmets	Members 18 years and under are able to receive a bicycle helmet valued at \$50 each year.	Contact member services: 1-877-542-9238	NEW
OTC (Over the Counter) card for rural and frontier county members	All members living in Rural and Frontier counties (determined by the state of Kansas) can receive a \$50 reusable OTC (Over the Counter) card to purchase over the counter items such as band aids, gloves, and other CMS approved items. This is an annual benefit.	Member can call member services at 1-877-542-9238 to request. To activate card or check balance, call 1-888-682-2400 or go to mybenefitscenter.com	NEW
Weighted Blankets	Members who are in foster care or on the Autism or SED Waivers can get a weighted blanket to provide support for anxiety. Member can request one of three weight options: Light/Medium/Heavy. One blanket per member annually.	Contact member services: 1-877-542-9238	
On My Way (OMW) Program	Young adult members can access interactive website to help prepare for real-world situations, learning practical skills such as managing money, securing housing, finding job training, and applying for college.	Members can access at www.UHComw.com	
Pyx Health	Members 18 years old and up can access 24/7 support and companionship using the Pyx Health mobile application. Pyx offers members an engaging app experience to combat social isolation and loneliness by giving them access to compassionate people who can listen and connect them to resources	Members can sign up by going to www.HiPyx.com or search Pyx Health in the Apple or Google Play stores.	
AbleTo Self-care App	Self-care, coaching, therapy, and peer support for dealing with stress, anxiety, and depression are available to all members through the AbleTo self-care app.	Members can download the AbleTo self-care app by going to the Apple or Google Play stores.	NEW NAME, ENHANCED APP (replaces Sanvello)

Program	Description	How to access	New
Mental Health First Aid Training	Members and other individuals can take an 8-hour course on how to identify, understand, and respond to signs of mental illnesses and substance use. Participants learn a five-step action plan to help an individual connect with professional, peer, social, and self-help care.	Events may not be held in all areas. Dates of upcoming trainings in KC: https://forms.office.com/r/5RK56rXzLg Or contact member services for assistance: 1-877-542- 9238	
Seeking Safety Training	A training that teaches coping skills to help adults, children and youth attain safety from trauma and/or substance abuse.	Events may not be held in all areas. UnitedHealthcare will attempt to hold events in major areas of the state.	
OTC (Over the Counter) Card for members on waivers	All LTSS members can receive a \$50 reusable OTC (Over the Counter) card to purchase over the counter items such as band aids, gloves, and other CMS approved items.	Member can work with Care Coordinator if they have questions. To activate card, check balance, or find a store, call toll free at 1-888-682-2400 or go to mybenefitscenter.com .	NEW, replaces the "Home Helper Catalog"
Internet Access	Members on a Home and Community Based Services waiver, without current internet service, could get internet cost covered to participate in telehealth appointments. Benefit covers 12 months, as long as member remains with UnitedHealthcare.	Member needs to work with Care Coordinator.	
Pest Control	Members on a Home and Community Based Services waiver who own their own home, can receive a once per year pest control treatment up to \$250 per year. Care Coordinator has to determine a pest problem. *If identified need for additional treatment is noted, those treatments could be available through the Care Coordinator approval process.	Member needs to work with Care Coordinator.	
Wellness Calendar	Members who are enrolled in care management, whole person care, pregnant, or behavioral health programs will be mailed a calendar at the beginning of each year to track their doctor appointments, medications and social events. Care Coordinators can make sure members received calendar and advise how to use.	Members receive calendar in the mail. Can contact Care Coordinator if they haven't received it.	