

**An Important Message from
The Texas Health and Human Services Commission (HHSC)
The Role of Peer Support Services in Recovery – Virtual Webinar**

Background:

Please join us on Wednesday, November 6th, from 9:30-11:00am, as we explore the impact of Peer Support in recovery.

Key Details:

Peer Support is the process of giving encouragement or assistance to overcome a challenge in life by someone with lived experience. Peers offer emotional support, share knowledge, teach skills, provide practical assistance, and connect people with resources, opportunities, and communities of support.

In this webinar, we will discuss the role of Peer Support Services in recovery, both during and after hospitalization, and how it increases success in community life. Speakers will present peer-directed techniques and community resources available for both mental health and substance abuse.

Speakers include:

- Liz Castaneda, Senior Advisor, Texas HHS Peer Support Planning and Policy
- Noah Abdenour, Director, Texas HHS Peer Services

Don't miss out on this chance to learn about these empowering peer-directed services in the community.

Action Items:

[**Register Now**](#)