# An Important Message from

## The Texas Health and Human Services Commission (HHSC)

# Recording Available for 'New & Revised Forms: STAR+PLUS HCBS & Community First Choice' Training

## **Background:**

HHSC delivered the *New and Revised Forms: STAR+PLUS HCBS and Community First Choice* training on Aug. 15, 2025 via webinar. This training supports the Sept. 1, 2025 implementation of revised program requirements and is meant for STAR+PLUS MCO service coordinators that facilitate, document, and monitor the individual service plan for members eligible for or receiving Community First Choice (CFC) services and STAR+PLUS Home and Community-Based Services (HCBS).

This training reviews the new and revised versions of the following STAR+PLUS forms:

- 1701, Support Plan Narrative
- H1700-2, Individual Service Plan Addendum
- H1700-3, Individual Service Plan Signature Page
- H6516, CFC Assessment

#### **Key Details:**

A recording of the training can be viewed using this link.

#### Additional Information:

This training is part of a larger initiative to comply with the Centers for Medicare and Medicaid Services HCBS Settings Rule requirements for the person-centered planning process and the person-centered plan. Included in this initiative are a new person-centered service planning form; revisions to existing service planning forms; STAR+PLUS Handbook revisions; STAR+PLUS contract amendments; training and monitoring to support the revised program requirements.

A document containing responses to questions submitted during the webinar will be sent in a future MCO Notice.

#### **Resources:**

Policy or	STAR+PLUS Handbook Revision 25-3, effective Sept. 1, 2025
Operational	
Documents:	

Attachments:	1701, Support Plan Narrative and instructions
	H1700-2, Individual Service Plan – Addendum and instructions
	H1700-3, Individual Service Plan – Signature Page
	H6516, CFC Assessment and instructions
Other:	Training Recording Link
	Code of Federal Regulations Requirements for:
	<ul> <li>STAR+PLUS HCBS         <ul> <li>Person-Centered Service Planning Process</li> <li>The Person-Centered Service Plan</li> <li>Review of the Person-Centered Service Plan</li> <li>Home and Community-Based Settings</li> </ul> </li> </ul>
	Community First Choice     Person-Centered Service Planning Process, the     Person-Centered Service Plan, and Reviewing the     Person-Centered Service Plan     Home and Community-Based Settings  Access Rule

# Questions?

For additional questions, please contact **UnitedHealthcare Customer Service at 888-887-9003**, 8 a.m.–6 p.m. CT, Monday–Friday.

# Instructions

Updated: 9/2025

**Note:** A member as defined in 15 Texas Administrative Code (TAC) Section 353.2 is referred to as a person in this form. A Medicaid applicant is also referred to as a person in this form.

## **Purpose**

Form 1701 is completed for a person being assessed for either the STAR+PLUS Home and Community Based Services (HCBS) program or Community First Choice (CFC) services. The form collects narrative information about the person to inform the services and supports he or she receives.

A person enrolled in the Home and Community-based Services (HCS), Texas Home Living (TxHmL), Community Living Assistance and Support Services (CLASS) and Deaf Blind with Multiple Disabilities (DBMD) waivers will not use this tool. Existing tools used in these waivers are used to assess for CFC services.

#### Form 1701 is:

- developed through a person-centered planning process;
- completed with the support of others chosen by the person, with support from the legally authorized representative (LAR) if applicable; and
- completed in a way that accommodates the person's style of interaction, communication and preferences for time and setting.

#### Form 1701 is used to:

- identify the person's strengths, preferences, support needs and goals;
- identify what is important to the person;
- identify and document the person's current and preferred living arrangement;
- identify natural supports available to the person;
- identify any needs, requests or considerations staff should know when supporting this person;

- describe how to meet the person's needs and whom to contact in case of an emergency;
- determine if the person's current living situation meets the federal requirements for HCBS settings; and
- document any modifications to the HCBS settings requirements for a person receiving services in provider owned or controlled settings.

#### **Procedure**

## When to Prepare or Update

Form 1701 is part of the STAR+PLUS HCBS individual service plan (ISP). For a person applying for STAR+PLUS HCBS the MCO completes it. For a person eligible for CFC services and at least annually for a person receiving STAR+PLUS HCBS or CFC services the MCO or LIDDA completes it. The form is also updated whenever the person's needs have substantially changed.

Moving forward, assessor is the MCO or LIDDA completing the form.

The information in this form is obtained through an information gathering conversation called the discovery process. It is about the person's abilities, preferences and goals, in line with person-centered planning principles. The assessor should move through the various sections of the form following the natural flow of the conversation with the person and LAR, if applicable, and should re-visit completed sections if more information emerges as the discovery process continues.

The assessor must ask the person or LAR, if applicable, every question that appears on Form 1701 unless otherwise indicated on Form 1701 or in the form instructions. The assessor's observations cannot be substituted for the person's response but can be recorded in Section 9: Service Coordinator Comments. If the person does not use words to communicate, the assessor must facilitate communication sufficient for the person to respond to the questions on Form 1701. Every field on Form 1701 must be completed unless otherwise indicated on the form or in the form instructions. If a person or LAR does not know the information requested or declines to answer, document that in the space provided.

#### Form Retention

Each MCO must keep Form 1701 per the retention requirements found in all Medicaid managed care contracts and federal regulations. Keep all originals or electronic copies of this form in the applicant's or member's folder or electronic record for five years after services are denied or terminated.

The LIDDA must keep the original copy of the form in the individual's case record and provide a copy to the MCO.

The LIDDA must keep Form 1701 per the retention requirements found in the LIDDA Performance Contract and state and federal regulations.

#### **Detailed Instructions**

My Legal Name - Enter the person's legal name.

**I Like to Be Called** - Enter the name or nickname the person prefers to be called, if different from his or her legal name.

**Person's Medicaid No.** – Enter the person's nine-digit Medicaid number.

**Date of Birth** – Enter the person's date of birth.

**Date of Completion** – Enter the date the form is completed.

**Event Type** – Indicate if this narrative is initial, a renewal or a revision.

# **Section 1 – Individual Strengths and Preferences**

Discuss the questions with the person and record their answers. Use the prompts on the form as a starting point for further conversation. The service coordinator can also record input from the LAR, if applicable, or others the person has invited to participate in the service planning meeting.

**Insert Photo Here (optional)** – If available, insert one or two recent photos of the person or photos of people, places or things that are important to him or her. This is optional but provides more information about the person.

**What people like and admire about me** – Document what the person likes about him or herself, as well as what others say they like about him or her. Document what the person wants others to know about him or her.

What's important to me – Important to reflects what is important from the person's perspective and is based on conversation with or observation of the

person. The information might include important relationships, how the person prefers to interact, things the person likes to do or not do, preferred routines, relevant background information and what the person wants to do in the future. Remember the person's response is limited to the knowledge and experiences he or she has to date. Effort should be made to increase the person's awareness of more possibilities and experiences to increase his or her options of choice.

What others need to know and do to support me – Important for reflects information that is important for the service provider to know and understand about health, safety and any supports necessary for the person to live the life he or she wants and be a valued member of the community. Document how the person communicates and prefers others to communicate with him or her. Enter information such as health needs, supervision requirements, specific behavioral needs, and special instructions for those who support the person. This section includes contraindications and special justifications for deviating from typical routines or activities. For example, this could include day activity health services three days a week, four hours a day, or a job four days a week, five hours a day. Things identified as important for are not usually included as important to the person.

What the people are like who support me best – Document the characteristics and traits that the person finds most supportive. Some examples are someone with a gentle voice who enjoys the same activities as the person or preference of a male or female attendant. Also document traits that the person finds unsupportive. Provide any information that may be important to a successful match between the person and the service provider.

**How I like to spend my day** - Document what the person prefers to do during the day, including but not limited to:

- daily routines and rituals;
- places he or she likes to go;
- how he or she relaxes;
- · holidays he or she likes to celebrate; and
- any other activities he or she enjoys.

Also document other activities the person would like to start or do more often.

Other things about myself – Record biographical information about the person here. Also use this space to record any other information the person

says is important to know about him or her that is not captured by the questions above.

#### Section 2 - Goals or Desires

This section documents the person's goals or desired outcomes and the strategies and supports needed to achieve each goal.

**Goal or Desired Outcome:** Goals or desired outcomes are identified by and unique to the person. They can be medical or nonmedical, including personal, educational and social goals or outcomes, and can be short- or long-term. The assessor can use the terms goal or outcome interchangeably depending on what is most meaningful, understandable and useful to the person.

Examples of goals and outcomes include:

- Learning how to play the guitar
- Meeting new people in the community
- Getting a job at a beauty supply shop
- Staying out of the hospital
- Learning to use the city bus system and riding the bus alone
- Maintaining close friendships from the person's school days
- Taking a trip to the Grand Canyon

As the assessor, person and LAR, if applicable complete other parts of this form, information and patterns may emerge that indicate a goal or outcome needs to be recorded. For example, if the person states in Section 4 that he or she currently lives with a relative but wants to move into his or her own apartment, the assessor should record this as a goal in Section 2. The assessor and person can and should move freely between sections of the form to record any goals identified when discussing other subjects.

Example Form 1701 entry: I want to get a job in the next year.

**Barriers to Achieving Goal or Desired Outcome:** Identify any barriers that must be addressed for the person to achieve his or her goal or desired outcome. Barriers include, but are not limited to:

- Transportation
- Communication
- Awareness of options

- Access to and use of technology
- Health factors
- Community factors

## Example Form 1701 entry:

Goal: I want to get a job in the next year.

#### Barriers:

- I do not know what kind of jobs I would like to do or be good at doing.
- I need help to apply for jobs online because I sometimes have trouble using the computer.
- I do not have a mode of transportation because I cannot drive a car or ride a bicycle.

**Strategies:** Work with the person to define strategies that will lead to achieving each goal or desired outcome. Strategies:

- Are specific.
- Detail actionable steps and assign responsibilities to specific people within the Medicaid applicant or member's support system to take towards meeting the goal.
- Identify the actions the service coordinator will take to help the person achieve each goal.
- Specify what the person and his or her support system need to observe to track progress.
- Are tailored to the person's preferences and capabilities.
- Provide clear criteria for tracking progress, ensuring both the person and his or her support system can effectively monitor advancements over time, and make adjustments based on changing circumstances.

# Example Form 1701 entry:

Goal: I want to get a job in the next year.

# Strategies:

 My service coordinator and I will complete the Employment First Discovery Tool together to determine what types of jobs I will apply for.

- My service coordinator will help me:
  - get approved for employment assistance services;
  - invite Michael, my mother and Ellen to my service planning meeting and discuss how they will support me in finding a job; and
  - find bus routes to the Texas Workforce Commission office and job interviews.
- I will contact the Texas Workforce Commission in the next month to get help applying for a job.
- I will apply for one job a week for the next three months.
- I will meet with my primary support person every two weeks to monitor my progress in getting a job.

**Supports Needed to Achieve Goal or Desired Outcome:** List people and other supports who will help the person reach this goal or outcome, including the service coordinator's role. Other supports can include community programs, resources through the person's school and religious groups. Document any barriers that might make meeting goals difficult for the person such as community or health factors, and how they can be overcome.

Example Form 1701 entry:

Goal: I want to get a job in the next year.

# Supports Needed:

- My friend Michael will help me use the computer to apply for jobs online.
- My mother Delores will help me mark down job interviews on my calendar.
- My CDS employment assistance provider Ellen will meet with me every two weeks to monitor my progress in getting a job and will contact Vanessa if needed.
- My service coordinator Vanessa will check in with Michael, Ellen, my mother and me monthly and answer any questions we have.
- The Texas Workforce Commission will advise me on different career paths and open job postings.
- The city bus will be my mode of transportation to the Texas Workforce Commission office and job interviews.

Detail the plan to assess progress toward meeting established goals, including a time frame for follow-up to communicate with the

**person:** Together with the person, create a plan to follow up on progress towards each goal or desired outcome. The time frame for follow up:

- May differ between goals, even for the same person, due to factors including:
  - The person's priorities
  - External deadlines
  - Strategies used to meet the goal
  - Individualized barriers to meeting the goal
- Includes dates the service coordinator follows up with the person to discuss progress made toward achieving the goal.
- May be more frequent, but no less frequent, than the annual reevaluation of the ISP.

## Section 3 – Important People in the Person's Life

Does the person have a legally authorized representative (LAR)? Check the box showing if the Medicaid applicant or member has an LAR. If he or she has an LAR, document the type of legal authority this person has, if there is current legal paperwork on file, and the expiration date of the paperwork. If current legal paperwork is not on file, document the reason for this.

**Current Providers:** List the names and contact information for the person's currently known providers including primary care provider, individual or company providing home health, personal assistance service, physical therapy, occupational therapy, adult day care, respite care, meal delivery and transportation services.

**People Who Are Important to Me:** List the people the Medicaid applicant or member is close to and cares about. This will help the provider determine whom to speak with in certain situations. It will also help to ensure that the Medicaid applicant or member does not lose contact with important people in his or her life.

Also use this table to document current and future availability of paid or unpaid caregiver supports provided by family, friends, and other community members. This includes people who will assist the applicant or member with activities of daily living (ADLs) and instrumental activities of daily living (IADLs).

Additional rows may be added if necessary.

**Name** — Enter the name of a person who is important to the Medicaid applicant or member or who will provide help or services to the Medicaid applicant or member during the ISP period.

**Relationship** — Enter the relationship between the Medicaid applicant or member and the person who is important to him or her or will provide help or services to him or her during the ISP period.

**Phone Number, Address and Email** — Enter the area code and phone number, address and email address of the person who is important to the Medicaid applicant or member.

Is this person providing informal support(s) in lieu of paid services? — Check the correct box to indicate if the person who is important to the Medicaid applicant or member provides unpaid services or supports that supplement or replace services or supports that would otherwise be paid for.

### Important Because —

Document why the person who is important to the Medicaid applicant or member is important to him or her. If the person who is important to the Medicaid applicant or member provides informal unpaid services or supports, document the service(s) provided by the person who is important to the Medicaid applicant or member and document specific detail of what is included in the service(s).

Examples unrelated to unpaid informal services and supports include:

- He is the person's father.
- She is the person's best and oldest friend. They have known each other since pre-school.
- She is the person's favorite teacher.
- He and the person like to go to Sunday brunch together every week.
- The person spends every holiday vacation at his house.

# Examples related to unpaid informal services and supports:

- The person's wife reminding the person when to take his medications and at what dosages.
- The person's son visiting for dinner every night to prepare food, help the person eat and prevent the person from choking.

- The person's co-worker giving her a ride to and from work.
- The person's roommate helping her with personal hygiene.
- The person's friend helping the person learn steps to use the washing machine.
- The person wants to attend a regular church event in the future, and the Bible study lead will coordinate a schedule to provide transportation.

**Units or Hours per Week** — If the person who is important to the Medicaid applicant or member provides informal unpaid services or supports, enter the units or hours per week the service(s) will be provided. A single number indicating the total units or hours per week of all services provided is sufficient. Units and hours do not need to be broken down by individual service.

**Involved in Development of Plan?** — Check the appropriate box to indicate if the person who is important to the Medicaid applicant or member was involved in the development of the plan.

Check this box if no informal unpaid support is available — Check the box if no informal unpaid support is available. The term available refers to informal unpaid support that a person can access for help. If there are friends, family members or community members who are willing and able to provide help with daily activities or other care needs without compensation, then that support is considered available. If such informal support does not exist, or if there are individuals who could provide support but are unwilling to do so, check the box showing that there is no informal unpaid support available.

# Section 4 - Living Situation

**Current Residence** – Check the most appropriate box from the list to show where the person currently lives.

# Own Home or Apartment

- Alone Check this box if the person lives alone. This includes a person living alone who receives in-home services.
- With spouse, partner or relative Check this box if the person lives in his or her own home with a spouse, partner or relative. If the person lives with a spouse, partner or relative who is being paid, this box should be checked.

 With non-relatives or roommates – Check this box if the person lives with a non-relative or with other roommates. This includes if the person lives with a caregiver who is paid or unpaid, or if the person lives in a dorm or community living situation.

## **Someone Else's Home or Apartment**

- Relative Check this box if the person lives in a relative's home. The
  relative may be a paid or unpaid support providing services such as
  personal care to the person.
- Non-relative Check this box if the person lives with a non-relative who
  may also be the person's caregiver who is paid or unpaid but is not
  living in the person's own home or relative's home.

## **Residential Setting**

- Assisted Living Facility (ALF) Check this box if the person lives in an ALF.
- Adult Foster Care (AFC) Check this box if the person lives in an AFC home.

#### Institution

- Nursing Home Check this box if the person lives in a nursing home as
  his or her permanent residence. If the person is currently in a hospital or
  nursing home for rehabilitation, but maintains a home elsewhere, do not
  select this box. For example, if the person is in the nursing facility for
  rehabilitation but has an apartment that he or she intends to return to,
  then the apartment is the current residence. The person's permanent
  living arrangement should be indicated rather than the temporary
  setting.
- Intermediate Care Facility for Individuals with an Intellectual Disability or Related Conditions (ICF/IID) – Check this box if the person lives in an ICF/IID facility. This includes state supported living centers (SSLCs).
- Institution for Mental Disease (IMD) Check this box if the person is currently living in an IMD, including a state psychiatric facility.

# **Other Living Arrangements**

 No Permanent Residence – Check this box if the person does not have a permanent residence and specify the person's living arrangement. For example, check this box if the person lives in an emergency shelter. A hotel or motel would go under no permanent residence if it is a temporary arrangement. If the hotel or motel serves as the person's permanent residence, select one of the options under the Own Home or Apartment category.

 Other—Specify – Check this box only if no other box is appropriate and specify the person's living arrangement.

## Is this living situation:

- Permanent Check this box if the person plans to stay in this living arrangement for the foreseeable future and if this living arrangement is available to the person for the foreseeable future.
- Temporary Check this box if the person's current living arrangement will not be available to him or her in the future or if he or she is currently in the process of changing his or her living arrangement. Record the end date of the person's current living arrangement. If the exact date is unknown, provide the most accurate timeframe possible.

If you need to provide more information about the person's living arrangement, document this in Section 9: Service Coordinator Comments rather than choosing other when an existing option would be appropriate.

**Who chose your current living arrangement?** Ask the person if he or she chose his or her current living arrangement by himself or herself, or if someone else helped or chose for him or her. Check the appropriate box to show the person's answer. If someone else helped or chose for the Medicaid applicant or member, record that person's name.

Were you given a choice between all the residence types listed above? Ask the person if he or she, or the person who chose his or her current living situation, was offered a choice between all the residence types listed in the Current Residence sub-section under the:

- Own Home or Apartment;
- Someone Else's Home or Apartment;
- Residential Setting;
- Institution; and
- · Other Living Arrangements headings.

Check the appropriate box to show the person's answer. If the person answers no, record the reason.

Were you given the option to live in a non-disability specific residence? Ask the person if he or she, or the person who chose his or her current living situation, was given the option of a non-disability specific living arrangement. Check the appropriate box to show the person's answer. If the person answers no, record the reason.

**Prefers to Live** – Check the appropriate box or boxes from the list to show the person's preference about where he or she lives. The Prefers to Live question asks for the person's own stated preference. It is used to determine if the person lives where he or she wants to live and to track changes over time. **Note: Record where the person would like to live, not where anyone else wants the person to live, and not where others think is realistic.** Explain each different type of living arrangement to help the person understand his or her options.

## Own Home or Apartment

- Alone Check this box if the person wants to live alone. This includes a
  person who prefers wants to live alone and who may receive in-home
  services.
- With spouse, partner or relative Check this box if the person wants to live in his or her own home with a spouse, partner or relative. This could be with a spouse, partner or relative who is being paid.
- With non-relatives or roommates Check this box if the person wants to live with a caregiver who is paid or unpaid, or to live in a dorm or community living situation.

# Someone Else's Home or Apartment

- Relative Check this box if the person wants to live in a relative's home.
- Non-relative Check this box if the person wants to live with a nonrelative who may also be the person's paid or unpaid caregiver but is not in the person's own home or relative's home.

# **Residential Setting**

- Certified or Licensed Group Home Check this box if the individual wants to live in a group home. This includes if the individual prefers to live in a three- or four-person residence operated by a certified HCS program provider.
- Assisted Living Facility (ALF) Check this box if the person wants to live in an ALF.
- Adult Foster Care (AFC) Check this box if the person wants to live in an AFC home.

## Other Living Arrangements

- No Permanent Residence Check this box if the person wants a nonpermanent residence and specify the person's preferred living arrangement. For example, check this box if the person prefers living in an emergency shelter.
- Other–Specify Check this box only if no other box is appropriate and specify the person's preferred living arrangement.
- Unable to determine person's preference for living arrangement —
   Check this box if you cannot determine the person's living preference
   due to such things as challenges with communication or cognitive
   ability.

If you need to provide more information about the person's preferred living arrangement, document this in Section 9: Service Coordinator Comments rather than choosing other when an existing option would be appropriate.

What is the LAR's preference for living arrangements for this person? – Check the appropriate box or boxes from the list to show the LAR's preference for where the person lives.

- Not applicable There is no relative or LAR, or the relative or LAR does not have any preferences around the person's place of residence.
- Stay at current residence
- Move to own home or apartment which includes living with spouse or relative, non-relatives and caregivers
- Move to an ALF which includes all size ALFs
- No consensus among multiple parties
- Someone else's home including the home of a relative, non-relative or caregiver

Is there anything else you want to tell me about your living arrangement? Record the person's answer.

Is there anything you want to change about your living arrangement? Record the person's answer.

Are there any of the following home safety risks? Ask the person if any of the safety risks listed on the form are present in his or her home. The service coordinator can include his or her own observations along with the person's stated answer. Specify if the home safety risks are permanent or temporary, and document the end date, if known. Document details of all home safety risks in Section 9: Service Coordinator Comments.

# Section 5 - How I Spend My Day

Discuss paid employment, volunteerism, retirement or unemployment, education and other activities with the person. Use the prompts on the form to encourage and guide discussion. If the person does not currently do one of the activities being discussed and does not want to, record this in the corresponding box. If the person states he or she currently works or would like to work, the box for retirement and unemployment will not be completed, and vice-versa. The service coordinator may insert information documented on Form 8401, Employment First Discovery Tool where appropriate and if the person has already completed it.

# Section 6 - Emergency Plan

**Describe the details of the emergency plan or back-up plan** — Enter specific detail of how the person's needs will be met if there is an emergency. Emergencies include but are not limited to:

- a behavioral health crisis;
- serious injury;
- extreme weather;
- the provider not able to physically access the person due to physical obstructions;
- temporary or permanent loss of caregiver.

The emergency plan includes actions to take in a weather emergency, such as required use of a ventilator and power generator backup and required

emergency medication such as insulin and EpiPen. It also includes a listing of any life-threatening conditions the person has.

Include an emergency plan in the event the caregiver or the paid provider is unavailable. Because this situation is possible for any person, every person will have an emergency plan addressing, at minimum, actions to take if the caregiver or paid provider is unavailable.

**Emergency contacts** — Enter the name, relationship, area code and phone number of the people the Medicaid applicant or member would like the service coordinator to contact in an emergency. Emergency contacts could include family members or a trusted person who does not live with the Medicaid applicant or member.

The service coordinator must ensure the person has a physical copy of the emergency contact information described above. The physical copy given to the person must also include, at a minimum, the name and direct phone number of the service coordinator and appropriate provider staff to contact in an emergency.

## Section 7 – HCBS Settings Requirements

Ask the person the questions in this section and record his or her responses.

# **Section 8 – Provider Owned and Controlled Settings**

This section is only completed for a person receiving STAR+PLUS HCBS program services in provider owned and controlled settings, including but not limited to adult foster care (AFC) and assisted living facilities (ALF).

**Provider Owned and Controlled HCBS Settings Requirements:** Ask the person the questions in this sub-section and record his or her responses.

**Modifications:** HCBS settings requirements can only be modified for a person receiving services in a provider owned and controlled setting, and in those cases, only the requirements under 42 CFR 441.301(c)(4)(vi)(A) through 42 CFR 441.301(c)(4)(vi)(D) can be modified. Modifications must be applied to one person only. They cannot, for example, be enacted for all persons living in a single residential setting. Modifications can be enacted only with consent of the person or LAR. If a person is subject to multiple modifications, each is recorded and consented to separately.

If a modification will be enacted, select the checkbox showing this.

Clearly state the specific modification to the HCBS Settings Rule: Specify what action needs to be taken to ensure the person's health and safety.

**Identify which right this modification restricts:** Select the checkbox corresponding to which right the modification restricts.

**Identify the specific and individualized assessed need:** Enter the person's specific need prompting the modification. Do not enter a diagnosis.

**How was the need assessed?** Specify the mode in which the need was identified. This includes observations, assessment tools, or other modes. If a specific assessment tool was used, enter the name of the tool here.

Describe the health and safety risk caused by the assessed need: Describe the adverse result for the person if the modification is not approved.

Document the positive interventions and supports used before any modifications: Describe analytic methods and behavioral interventions implemented to help reduce challenging behaviors and to support and reinforce the learning of new, more appropriate behavioral skills.

Document less intrusive methods of meeting the need that have been tried but did not work. Explain why they did not work: Elaborate on analytic methods and behavioral interventions implemented to help reduce challenging behaviors and to support and reinforce the learning of new, more appropriate behavioral skills.

Describe how data will be collected and reviewed regularly to measure the ongoing effectiveness of the modification. Specify what data points will be collected: The person and service planning team will create a plan for collecting and monitoring data. Data can be both quantitative and qualitative. The data collection or monitoring plan should include:

- Frequency of data collection
- Method of data collection
- Who will collect the data
- The source of the data
- Methodology for data monitoring

- What data would need to be observed to minimize or lift the modification
- A plan to adjust if the data shows the modification is not effective

What is the frequency of review to determine if the modification is necessary? Enter the time intervals for the service planning team to review progress and determine if the modification is still necessary. These time frames are determined by the service planning team. Time frames may happen more often, but not less, than the annual re-evaluation of the ISP.

Describe how the provider will mitigate the impact of the intervention on the person: List:

- specific actions the provider will take to lessen the impact of the modification on the person's rights and daily life;
- · ways that individual safety is considered; and
- if the person had choice in determination of the modification.

**Informed consent of the person:** Review the statement of informed consent together with the person and LAR, if applicable. Answer any questions the person has. Ensure the person knows he or she is not required to consent to the modification and will not be subject to retaliation if he or she does not consent. Also explain to the person that not consenting to the modification may mean not being able to receive his or her current services safely in his or her current living arrangement. He or she may need to select a different living arrangement or different services.

If the person or LAR agrees with the statement and consents to the modification, select the checkbox indicating this. The person or LAR consents to and initials each modification separately.

# **Section 9 – Service Coordinator Comments (if applicable)**

Document any other information the person would like the service coordinator, service providers, informal supports, and others to know to best support him or her.



# **Support Plan Narrative**

Section	1 – Individual Strengths and Preferences	
My Legal Name	I Like to Be Called	
Medicaid No.	Date of Birth	
Date of Completion	Event Type	
	◯ Initial ◯ Renewal ◯ Revision	Insert Photo Here (Optional)
What people like and admire about me: The asset they like about him or her. Ask what he or she wants	ssor asks the person what he or she likes about himsel	f or herself and what others say
they like about thin or riet. Ask what he or she wants	OUIEIS to Know about him of her.	
What's important to me: The assessor asks the perpreferences for routines and other parts of everyday	rson what he or she enjoys most and wants more of in l	nis or her life. Include his or her
preferences for founties and onto parts of everyady	me.	
What others need to know and do to support me	:	
What the people are like who support me best: T	he assessor asks the person what qualities he or she lo	oks for in a person who supports
him or her, and if there are any traits that would not		· · · · · · · · · · · · · · · · · · ·
How I like to spend my day: The assessor asks the	person:	
about his or her preferred daily routine and rituals		
<ul> <li>places he or she likes to go;</li> </ul>		
how he or she relaxes;		
holidays he or she celebrates; and     other activities he or she enjoys. Include routines	stituals, and activities he are she would like to start or de	n mara affan
Other activities lie of she enjoys. Include roddines	s, rituals, and activities he or she would like to start or do	more oilen.
Other things shout muself: The accessor records	picaraphical information about the person here. The ass	eccor also uses this space to
	piographical information about the person here. The ass tant to know about him or her that is not captured by ot	

# Section 2 - Goals

The assessor records information about the person's goals or desired outcomes below. These may be medical or nonmedical, including personal, educational, and social goals or outcomes.							
Goal or Desired Outcome		s to Achieving esired Outcome	Strategies	Achie	Supports Needed to ve Goal or Desired O		
							X
				•		Add Row	
The assessor details the plan to communicate with the person.	assess prog	ress toward meeting	g established goals. The as	ssessor includes	a time frame for fol	low-up to	
	Sc	ection 3 – Import	ant People in the Pers	on's Life			
Does the person have a legally a	authorized rep	presentative (LAR)?	◯ Yes ◯ No				
If the person has an LAR:							
List type of LAR.							_
Is a current copy of LAR paperv	vork on file?	◯ Yes ◯ No					
If yes, list the expiration date of	the LAR pap	erwork.					_
If no, explain.							_
Current Providers							
Provider Name		Prov	ider Type	Coi	ntact Information		
							Х
	<u>'</u>					Add Row	,
Decade Miles Ave Improvement to							
People Who Are Important to							
The assessor lists the people th assessor might want to talk to la			nd who know and care abo	out nim or ner. It	gives an idea of wh	om the	
Family							
Name			Relationship		Area Code and Ph	none No.	
Street Address, City, State and	ZIP Code		Email		l		
Is this person providing informal	l support(s) in	lieu of paid services	s? OYes ONo				
Important because:							
Units or Hours per Week Involved in development of plan?							
			Yes No				

		Add Family M	ember	Remove Family Member	
Friends					
Name	Relationship Area Code and Phone No.			de and Phone No.	
	7 and dead and 1 hone rec.				
Street Address, City, State and ZIP Code	Email				
	Email				
Is this person providing informal support(s) in lieu of paid services?	Yes O No				
Important because:					
Units or Hours per Week	Involved in development of plan?				
	◯ Yes ◯ No				
		Add Frier	nd	Remove Friend	
School, Work or Other					
Name	Relationship		Area Coo	de and Phone No.	
Street Address, City, State and ZIP Code	Email				
Is this person providing informal support(s) in lieu of paid services?	Yes O No				
Important because:					
	T				
Units or Hours per Week	Involved in develop	ment of plan?			
	◯ Yes ◯ No				
	Add School, Work or Other Remove School, Work or Other			re School, Work or Other	
Community, Other					
Name	Relationship Area Code and Phone No.		de and Phone No.		
Street Address, City, State and ZIP Code	Email				
Is this person providing informal support(s) in lieu of paid services?	Yes O No				
Important because:					
Units or Hours per Week Involved in development of plan?					
Units or Hours per Week	Yes No	nent of plan?			
	Add Community	or Otner	Remo	ve Community or Other	
Check this box if no informal unpaid support is available.					
Section 4 – Li	ving Situation				
Current Residence – Check applicable boxes.					
Own Home or Apartment					
☐ Alone – includes person living alone who receives in-home services	3				
☐ With spouse, partner or relative					

Person's Name:	Page 4 / 9-2025
☐ With non-relatives or roommates	
Someone Else's Home or Apartment	
Relative	
☐ Non-relative	
Residential Setting	
Assisted Living Facility (ALF) – STAR+PLUS HCBS only	
☐ Adult Foster Care (AFC)	
Institution	
☐ Nursing Home	
☐ Intermediate Care Facility for Individuals with an Intellectual Disability or Related Conditions (ICF/IID)	
☐ Institution for Mental Disease (IMD)	
Other Living Arrangements	
☐ No Permanent Residence, such as an emergency shelter – Specify:	
Other – Specify:	
Is this living situation:	
○ Permanent	
○ Temporary - Specify end date:	
Who chose your current living arrangement?	
○ Me	
○ Me, together with someone else	
Who helped you choose your current living arrangement?	
○ Someone else	
Who chose your current living arrangement?	
Were you given a choice between all the residence types listed above? O Yes O No	
If no, explain reason.	
Were you given the option to live in a non-disability specific residence?   Yes   No	
If no, explain reason.	
ii iio, expiaiii reason.	
Prefers to Live – Check applicable boxes. Explain all options to the person.	
Own Home or Apartment	
☐ Alone – includes person living alone who receives in-home services	
☐ With spouse, partner or relative	

Person's Name:	Page 5 / 9-2025
☐ With non-relatives or roommates	
Someone Else's Home or Apartment	
☐ Relative	
☐ Non-relative	
Residential Setting	
☐ Certified or Licensed Group Home	
☐ Assisted Living Facility (ALF)	
☐ Adult Foster Care (AFC)	
Other Living Arrangements	
☐ No Permanent Residence, such as an emergency shelter – Specify:	
☐ Other – Specify:	
☐ Unable to determine person's preference for living arrangement	
What is the legally authorized representative's (LAR's) preference for living arrangements for this person? Check appli	cable boxes
□ Not applicable	sable boxes.
Stay at current residence	
☐ Move to own home or apartment. Includes living with spouse or relative	
Move to an ALF	
☐ No consensus among multiple parties	
☐ Someone else's home	
Is there anything else you would like to tell me about your living arrangement?	
le there anything you would like to change about your current living arrangement? Or would you like to learn more about a differ	aront living
Is there anything you would like to change about your current living arrangement? Or would you like to learn more about a differ arrangement?	rent living
Are there any of the following home safety risks?	
☐ Home fall risk	
☐ Bathroom safety	
☐ Chemical hazards	
☐ Food preparation safety	
☐ Crime	
☐ No home safety risks exists	
Note: Document details of all home safety risks in Section 9, Service Coordinator Comments.	
Are these risk(s)	
○ Permanent	

Form 1701           Person's Name:         Page 6 / 9-2025
○ Temporary – Specify end date:
Costion F. How I Chand My Day
Section 5 – How I Spend My Day
If the person does not currently work or do an activity and does not want to, assessor indicates this in the corresponding box. Ask the person why he or she is not interested in this activity and document his or her response.
Work
Assessor asks the person:  • if he or she currently has paid employment, and if not, if he or she wants to;  • where he or she currently works or wants to work;  • his or her current or desired work schedule;  • things he or she likes and dislikes about his or her current or desired job or working in general;  • how he or she gets to work or wants to get to work; and  • anything he or she wants help with including Employment Assistance, Supported Employment and other program services.
Volunteering
Assessor asks the person:  • if he or she volunteers, and if not, if he or she wants to;  • where he or she currently volunteers or wants to volunteer;  • his or her current or desired volunteering schedule;  • what he or she likes and dislikes about his or her current or desired volunteer role or volunteering in general;  • how he or she gets to or wants to get to the place he or she volunteers or wants to volunteer; and  • anything he or she wants help with.   Retirement or Unemployment
Retirement or Unemployment
Assessor asks the person:  • if he or she is retired or unemployed, and if not, if he or she wants to be;  • what he or she likes and dislikes about being retired or unemployed or would like and dislike;  • his or her current or desired schedule; and  • anything he or she wants help with.

Education	
Assessor asks the person:	
about his or her educational background and what level of education he or she has completed;	
if he or she is currently in school, and if not, if he or she wants to enroll;	
what he or she currently studies or wants to study;	
where he or she currently attends or wants to attend school;	
his or her current or desired school schedule;	
what he or she likes and dislikes about school;	
how he or she gets to or wants to get to school; and	
anything he or she wants help with.	
Other Andrick	
Other Activity	
Assessor asks the person what other activities he or she likes to do or wants to do;	
where the activities take place;	
his or her current or desired activity schedule;	
things he or she likes and dislikes about the current or desired activities;	
how he or she gets to his or her current or desired activities; and     anything he or she wants help with	
anything he or she wants help with.	
Section 6 – Emergency Plan	
Describe the details of the emergency plan or back-up plan.	
	Х
	Add Row
Emergency Contacts – Name, Relationship and Area Code and Phone No.	
	Х
	Add Row
	7 tau 1 ton
Section 7 – HCBS Settings Requirements	
1. Do you have the chance to leave your home and do activities you enjoy? If not, why?	
2. Can you goods your manay when you want and anand your manay when and have your want? Dana as manay when he had a	ou monogo veve
2. Can you access your money when you want and spend your money when and how you want? Does someone else help your money or manage your money for you? If so, who?	ou manage your

3. Does your provider respect your choices about when and how your services are delivered? For example, when and what you eat or doing things on your own schedule instead of the provider's schedule?
things on your own scriedule instead of the provider's scriedule?
4. Does your provider respect your privacy? For example, do they knock before they come into your room or into your house? Is your personal information kept private?
5. Do you feel like your provider gives you freedom to choose your daily routine and activities? For example, when and where you go out,
where and when you eat your meals and snacks and take smoke breaks? Do you feel like you must do things the way the provider wants
them on their schedule? Has anyone tried to stop or discourage you from doing the things you want to do? Are you spending the day in a
way you like? If not, what would you change?
6. Has your provider ever restrained you?
Section 8 – Provider Owned and Controlled Settings
This section will only be completed for a person receiving STAR+PLUS HCBS program services in provider owned and controlled settings,
including but not limited to adult foster care (AFC) and assisted living facilities (ALF).
8a. Provider Owned and Controlled HCBS Settings Requirements
1. Do you have a signed lease agreement with your provider?
2. If you have a roommate, were you given a choice about your roommate?
3. Were you given the opportunity to decorate and furnish your unit?
4. Does your living unit have a lock on the door, and do you have the key?
5. Do you have access to food at any time? For example, can you get food outside of regular mealtimes? Do you have to eat whenever
everyone else is served?
6. Are you able to have visitors at any time?
7. Can you do activities you want to do when you would like to? Can you come and go as you would like? For example, is there a curfew?
8. Are you able to get around in your residence without help? <b>Note:</b> the assessor can record observations about physical accessibility in
addition to the person's response.

Person's Name:	Form 1701 Page 9 / 9-2025
8b. Modifications	
Will any of the HCBS settings requirements under 42 CFR 441.301(c)(4)(vi)(A) through 42 CFR 441.301(c)(4)(vi)(D) be modified person?   Yes  No	for this
Modification [number]	
Clearly state the specific modification to the HCBS Settings Rule:	
Identify which right this modification restricts:	
Lease or legally enforceable agreement for unit or dwelling	
Privacy in sleeping or living unit: Entrance doors lockable by person, with only appropriate staff having keys to doors	
Privacy in sleeping or living unit: Choice of roommates for persons sharing units	
Privacy in sleeping or living unit: Freedom to furnish and decorate sleeping or living units within requirements of lease or other agreement	
Freedom and support to control own schedules and activities	
Freedom and support to access food at any time	
Persons can have visitors of their choosing at any time	
Identify the specific and individualized assessed need:	
identity the specific and individualized assessed need.	
How was the need assessed?	
now was the fleed assessed?	
Describe the health and sefety risk severed by the secreted need.	
Describe the health and safety risk caused by the assessed need:	
Desument the positive interventions and supports used before any modifications:	
Document the positive interventions and supports used before any modifications:	
Document less intrusive methods of meeting the need that have been tried but did not work. Explain why they did not work:	
Lescribe how data will be collected and reviewed regularly to measure the ongoing effectiveness of the modification. Specify what data points will	be collected.
What is the frequency of review to determine if the modification is necessary?	
Describe how the provider will mitigate the impact of the intervention on the person:	
By initialing below, I agree to the following:	
I will be subject to the modification described above.      I understand how this modification will affect me.	
I understand what will need to happen for this modification to be removed.	
• I have discussed this modification with my service coordinator, family, friends, peers, or others of my choosing, if I wished to do so.	
<ul> <li>All my questions about this modification have been answered.</li> <li>I understand I will not be subject to retaliation if I do not consent to this modification.</li> </ul>	
<ul> <li>I understand that if I do not consent to this modification, my service providers may not be able to ensure I can receive my current services sa</li> </ul>	fely in my
current living arrangement.	
<ul> <li>I can withdraw my consent at any time, and I will talk to my service coordinator if I wish to do so.</li> <li>By initialing below, I am consenting only to the modification described in the section directly above. If I am subject to multiple modifications, r coordinator and I will discuss each one separately, and I will consent to each one separately.</li> </ul>	ny service
I consent to the modification described above:   Yes   No	
Printed Name of Member or Legally Authorized Representative (LAR) Initials Date	

Form 1	701
--------	-----

Person's Name: \_\_\_\_\_ Page 10 / 9-2025

Section 9 – Service Coordinator Comments							

# Instructions

**Updated 9/2025** 

## **Purpose**

Use this form to document the STAR+PLUS Home and Community Based Services (HCBS) program benefits provided to the applicant or member and to establish the medical need and rationale for all items or services included on Form H1700-1, Individual Service Plan. The service coordinator also documents on Form H1700-2 all other resources and supports, available and projected, that the applicant or member will use during the individual service plan (ISP) period.

#### **Procedure**

## When to Prepare

The managed care organization (MCO) service coordinator completes Form H1700-2, or an alternate form of documentation that includes the same information. Form H1700-2 documents all other resources and supports, available and projected, that the applicant or member will use during the individual service plan (ISP) period. Form H1700-2 is completed at the initial assessment, reassessment or for a change in condition.

#### Form Retention

The managed care organization (MCO) must keep a copy of Form H1700-2 or any alternate document in the member's case record per the retention requirements found in all Medicaid managed care contracts and federal regulations. Provide a copy of Form H1700-2 to the applicant or member on request. After service termination, the MCO must keep all originals and electronic copies of Form H1700-2 in the member's case record for five years.

#### **Detailed Instructions**

Individual Service Plan Dates — MCO staff enter the begin and end date of the ISP using mm/dd/yyyy format. For initial assessments, the MCO must use the ISP dates listed on Form H2065-D, Notification of Managed Care Program Services, received from HHSC Program Support Unit (PSU) staff.

**Revision Date** — Enter the date the ISP was revised if any changes were made during the ISP period. This line is left blank during the initial assessment and annual reassessment.

**Applicant or Member Name** — Enter the name of the applicant or member.

**Medicaid ID No. or Applicant Social Security No.** — Enter the applicant's or member's Medicaid number or Social Security number if a Medicaid number is not available.

#### Section 1 - Medical Information

Describe why the STAR+PLUS HCBS program item or service is necessary and how it benefits the applicant or member:

**Item or Service** — Enter the STAR+PLUS HCBS program item or service requested on the ISP by the applicant or member or identified as a need by the service coordinator. Each item or service should be entered on a separate line. More lines may be added, if needed.

Rationale — Enter specific information detailing why the requested STAR+PLUS HCBS program item or service is necessary and exactly how it will benefit the individual medically, functionally or in terms of rehabilitation. The rationale should demonstrate how the member meets waiver eligibility of having an unmet need for waiver services. For paid attendant care, include any nursing tasks or health maintenance activities that have been delegated to the attendant.

# Section 2 – Payors

A. Medicare and Other Payors – include Medicare, VA, TRICARE, private insurance and other payors — Enter the following information for each non-Medicaid payor listed.

**Resource** — Enter the name of the non-Medicaid payor providing services to the applicant or member during the ISP period.

**Policy No.** — Enter the policy number, if available.

**Service Type and Detail** — Enter the service provided. Document specific detail of what is included in the service.

**Units or Hours per Week** — Enter the units or hours per week the service is provided.

**Not Applicable Box** — Check the Not Applicable box if the applicant or member does not receive services from Medicare or other payors.

B. Medicaid State Plan Services – include Medicaid Home Health, DAHS, and CFC — Enter the following information for each state plan service listed.

**Resource** — Enter the name of the state plan service to be provided to the applicant or member during the ISP period.

**Service Type and Detail** — Enter the service provided. Document specific detail of what is included in the service. For paid attendant care, include any nursing tasks or health maintenance activities that were delegated to the attendant.

**Units or Hours per Week** — Enter the units or hours per week the service is provided.

**Not Applicable Box** — Check the Not Applicable box if the applicant or member does not receive any Medicaid State Plan Services.

**C. Services Provided in an Educational Setting** — Enter the information for services provided in an educational setting.

**Resource** — Enter the name of the educational facility that provides services to the applicant or member during the ISP period.

**Service Type and Detail** — Enter the service provided. Document specific detail of what is included in the service and the beginning and end date of the service. The dates must be within the From and To dates as documented on Form H1700-1, Individual Service Plan. Enter Unknown for an unknown begin date.

**Units or Hours per Week** — Enter units or hours per week the service is provided.

**Not Applicable Box** — Check the Not Applicable box if the applicant or member does not receive services in an educational setting.

**D. Value-added Services** — Enter the following information if it is anticipated the applicant or member will use MCO Value-added Services (VAS) during the ISP period. Include only waiver benefits offered as VAS items or services such as dental services, emergency response services, respite or homedelivered meals. VAS are not required to be used before waiver service. VAS vary by MCO. The service coordinator is responsible for knowing the VAS applicable for the applicant or member.

**Service Type and Detail** — Enter the service provided. Document specific detail of what is included in the service.

**Units or Hours per Week** — Enter units or hours per week the service will be provided.

**Not Applicable Box** — Check the Not Applicable box if the applicant or member does not receive VAS.

**E. Additional Follow-up** — Enter any other follow-up referral or assessments needed. A referral can be generated for a specific service or item such as:

- physical therapy, personal care service or durable medical equipment (DME); or
- for an assessment for a service such as a referral for a behavioral health assessment to determine specific services an individual may need.

**Item or Service** — Enter any other identified item or service the applicant or member was assessed as needing but does not have a current authorization.

**Action** — Enter the action steps needed for the item or service to be authorized and the party or entity responsible for completing the follow-up or assessment. If no action is needed, enter No action required. Document the reason why.

**Not Applicable Box** — Check the Not Applicable box if the applicant or member does not have any other follow-up needs.

# Section 3 - Follow-up Schedule

Enter the information for the applicant's or member's follow-up schedule.

**Service Coordinator follow-up schedule** — Enter the service coordinator's plan to follow up and communicate with the applicant or member during the ISP period.

# **Section 4 – Service Coordinator Comments if Applicable**

The service coordinator can provide additional documentation of the applicant's or member's needs from Section 3 - Follow-up Schedule section in this section. Any other needs and how the needs are met may also be listed. Enter comments relevant to the applicant's or member's medical or functional status not documented elsewhere.



# Individual Service Plan - Addendum

				<del></del>				
Individual Service Plan Begin Date		Individual Service Plan End Date		Revision Date				
Applicant or Member Nam	Applicant or Member Medicaid ID No. or Social Security No.:							
		Section 1 – Med	dical Information					
Describe why the STAR+F	PLUS HCBS program			the applicant c	or member:			
Item or Service		Rationale						
							X	
							X	
							X	
							X	
						Add Row	<b>'</b>	
		Section 2	2 – Payors					
A. Medicare and Other Pa	ayors – include Med	dicare, VA, TRICARE, p	rivate insurance and	other payors.		Not Applicab	le	
Resource	Policy No.	Policy No. Service Type and Detail Units or Hours pe				s per Week		
							X	
							X	
							X	
							X	
						Add Row	v	
B. Medicaid State Plan Services - include Medicaid Home Health, DAHS, CFC						Not Applicab	le	
Resource		Service Type and Detail			Units or Hours per Week			
							X	
							X	
							X	
							X	
						Add Row	v	
C. Services Provided in an Educational Setting					Not Applicab	le		
Resource		Service Type and Detail		Units or Hours per Week				
							X	
							X	
							X	
							X	
						Add Row	v	

Page 2 / 9-2025

. Value-added Services		le	
	Service Type and Detail	Units or Hours per Week	
			X
			X
			X
			X
		Add Row	v
E. Additional Follow-up		☐ Not Applicab	le
Item or Service	Action		
			X
			X
			X
			X
		Add Row	v
	Section 3 – Follow-up Schedule		
Service Coordinator follow-up sc	hedule:		
			X
			X
			X
			X
		Add Row	v
	Section 4 – Service Coordinator Comments If Applicab	le	

Date



**Printed Name** 

# Individual Service Plan – Signature Page

Individual Service Plan Begin Date	Individual Service Plan End Date	Revision Date
Applicant or Member Name	Applicant or Member Social Security No.	Applicant or Member Medicaid ID No.
alternative to nursing facility services. I we the STAR+PLUS HCBS program.  Acknowledgement and Acceptance of completed Form 1701, Support Plan Name services shown on Form H1700-1, Individe 1701. I also acknowledge review of the pendendum. I accept my person-centered needs and to help me achieve my goals.	ne STAR+PLUS Home and Community Base as informed about the program and its limita the Individual Service Plan: I, the applicant rative, together with my service coordinator. It dual Service Plan and agree that they match rogram items or services identified on Form service plan as appropriate to meet my assel understand the state of Texas will not pay for are authorized by Texas Health and Human entative:	nt, member or authorized representative, I acknowledge review of the waiver the goals I identified for myself on Form H1700-2, Individual Service Plan – essed medical, functional and cognitive for the services on the plan until all eligibility
Printed Name	Signature	Date
Witness, if applicable:		
Printed Name	Signature	Date
STAR+PLUS HCBS program. Medical ne Addendum. The waiver services identified	fy assessment of the applicant or member to eed and rationale were established on Form d are based on the goals the applicant or me waiver services identified are also necessary	H1700-2, Individual Service Plan – ember identified for himself or herself on
Service Coordinator:		

Signature

# Instructions

Updated: 9/2025

# **Purpose**

Form H6516 is completed for applicants or individuals being assessed for Community First Choice (CFC) services. The form helps collect and document essential information to determine the functional needs of applicants or individuals 21 and over for CFC services.

Individuals in the Home and Community-based Services (HCS), Texas Home Living (TxHmL), Community Living Assistance and Support Services (CLASS) and Deaf Blind with Multiple Disabilities (DBMD) waivers will not use this tool. Existing tools used in these waivers are used to assess for CFC services.

For the remainder of the instructions, the term individual is defined as an applicant or member requesting CFC services.

#### Form H6516:

- is developed through a person-centered planning process;
- occurs with the support of a group of people chosen by the individual and the legally authorized representative (LAR) on the individual's behalf; and
- accommodates the individual's style of interaction, communication and preferences regarding time and setting.

## Use Form H6516 to:

- determine the Habilitation (HAB), Personal Assistance Services (PAS), Emergency Response Services (ERS) and Support Management needs of an individual;
- assess the individual's needs, functional impairments, ability to perform activities of daily living (ADLs), instrumental activities of daily living (IADLs) and health-related tasks;
- document the individual's preferences for when to receive CFC services;
- document the risks to the individual's health and safety, as well as a plan to mitigate those risks;

- identify any special needs, requests or considerations staff should know when supporting this individual; and
- document the individual's unmet needs.

## **Procedure**

# When to Prepare or Update

Form H6516 is completed by the local intellectual and developmental disability authority (LIDDA) or managed care organization (MCO) in its entirety when an individual applies for CFC services and at least annually for individuals receiving CFC services. The form is also updated whenever the individual's needs have substantially changed, or at the request of the individual or LAR, if applicable.

Assessor from this point forward refers to the LIDDA or MCO completing the form.

If an individual or LAR does not know the information requested or refuses to answer, document that in the space provided.

### Form Retention

The LIDDA must keep the original copy of the form in the individual's case record and provide a copy to the MCO.

The LIDDA must keep Form H6516 per the retention requirements found in the LIDDA Performance Contract and state and federal regulations.

The MCO must keep the form for five years after the case is closed, per record retention requirements.

#### **Detailed Instructions**

**Individual's Name** - Enter the individual's name. Required on each page of the assessment.

**Medicaid No.** – Enter the individual's nine-digit Medicaid number.

**Date of Birth** – Enter the individual's date of birth.

**Date of Assessment** – Enter the date this assessment is completed.

**Sex** – Select Male or Female to indicate the individual's sex.

**Employment Status** – Check the appropriate box to indicate the individual's employment status: employed, unemployed or retired.

**Education Level** - Check the appropriate box to indicate the individual's education level. If none of the boxes apply to the individual's education level, select other and document the individual's education level.

**Participants** – List each person who participated in this assessment.

**Type of Assessment** – Check the type of assessment being conducted: initial, renewal or revision.

**Note:** The information in this form is about the individual's abilities, preferences and goals, in line with person centered planning principles. It is obtained through an information gathering conversation called the discovery process.

## Section 2 – Needs Assessment Questionnaire and Task and Hour Guide

The Needs Assessment Questionnaire and Task and Hour Guide is comprised of three sections:

- Part A Functional Assessment. This part is used to assess an individual's level of support needs, who currently provides the service and if the individual needs that service purchased.
- Part B Task and Hour Guide. When a task needs to be purchased, the Task and Hour Guide details how much time is needed to provide either the PAS or HAB service.
- Part C Subtasks and PAS Minute Ranges. This section is used to indicate the subtasks the individual needs help or training with when a task is purchased.

**Note:** The Task and Hour Guide must be completed for each purchased task. Each purchased task must have subtasks indicated in Part C.

#### Part A - Functional Assessment

The functional assessment is comprised of the support level and service arrangement.

### Support Level (SL)

The support level is designed to assess an individual's capacity for self-care. Score each item per this capacity for self-care and not per the individual's access to a resource to help with the task. In scoring each item, use the individual's response, plus any observations or knowledge of the individual from other sources. The support level is not required for an individual receiving only habilitation.

Each PAS task has an associated question to help score the support level. The first time an item is addressed, use the wording of the question as written. Then, explain or paraphrase, if necessary. Ask follow-up questions if there is a need to verify the first response. PAS task items 1-23 must be given a support level.

For PAS activities only, score the individual per the following scale:

Score	Score Details
0	None. No functional impairment. The individual can conduct activities without difficulty and has no need for assistance.
1	Mild. Minimal or mild functional impairment. The individual can conduct activities with minimal difficulty and needs minimal help.
2	Severe. Extensive or severe functional impairment. The individual has extensive difficulty carrying out activities and needs extensive help.
3	Total functional impairment. The individual is completely unable to carry out any part of the activity.

An individual has an impairment with respect to a particular activity if he or she is limited, either physically or mentally, in his or her ability to carry out that activity. An impairment could also be a behavioral challenge resulting in difficulty accomplishing the task.

Numbers 0 and 3 are absolutes because they indicate no functional impairment or total dependency. **Example:** If an individual can perform any of the dressing tasks for himself or herself, a 3 is not appropriate. If he or she can perform the dressing task completely without difficulty, a 0 is appropriate.

Enter a score for each question in the Support Level column.

Use the following examples for each item to help differentiate between scores of 1 and 2. An individual may score 1, but not request help with a task. The following are only examples of appropriate scores based on the individual's abilities. If an example is appropriate for an individual, but the score for that example is not, give the appropriate score and explain your choice.

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
1. Bathing	Individual can bathe self, but needs supplies laid out.  Individual can bathe self but needs help drawing and testing the temperature of the water. Individual needs standby help for safety or reminding and monitoring. Individual needs minimal help getting in and out of tub or shower.  Individual may accomplish bath for self by using a chair or other adaptive device for assistance. Individual requires partial supervision or cueing. Individual requires help bathing but can be left alone to soak in the tub. Individual refuses to bathe without multiple prompts.	Individual needs extensive help getting in and out of tub or shower.  Individual needs hands-on help with actual bathing and drying of body.  Individual must always use adaptive devices and needs help arranging adaptive devices for the bath. Individual can only manage sponge baths due to disabilities.  Individual requiring a bed bath can help with some part of the task.  Individual always requires cueing or ongoing supervision while bathing.  Individual gets out of the tub multiple times while bathing due to behavioral challenges such as fear of water, or cognitive ability such as not understanding reason for showering.

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
2. Dressing	Individual needs occasional help with zippers, buttons or putting on shoes and socks. Individual may need help laying out or selecting clothes.  Individual needs reminding or monitoring for completion of dressing. Individual occasionally refuses to get dressed.	Individual always needs help with zippers, buttons or shoes and socks.  Individual needs help getting into garments. This includes putting arms in sleeves, legs in pants or pulling up pants. Individual may dress totally inappropriately without help or would not finish dressing without physical help.  Individual needs help dressing because he or she routinely undresses him or herself.
3. Exercising	Not scored.	
4. Eating	Individual may need standby help but only occasional physical help. Individual needs verbal reminders or encouragement.  Individual eats with adaptive devices but requires help with applying and positioning.  Individual can feed self but occasionally smears food on table due to behavioral challenges or cognitive ability.	Individual usually needs extensive hands-on help eating. Individual may hold eating utensils but needs continuous help during meals and would not complete meal without continual help.  Spoon feeding of most foods is required, but individual can eat some finger foods.  Individual needs constant supervision because he or she has Prader Willi Syndrome, pica disorder or polydipsia. Individual requires constant

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
		supervision during eating due to risk of choking.
5. Grooming	Support level is based on the highest level of support level needed on any grooming task in (5a- 5b).	
5a. Shaving, Oral Care and Nail Care	Individual can manage grooming, but needs supplies laid out or handed to him and needs standby for safety and help with grooming tools.  Individual can accomplish grooming but needs reminding or monitoring.  Individual occasionally refuses to complete grooming tasks.	Individual cannot adequately shave face or under arms and legs because of inability to see well, to reach or to successfully use equipment.  Individual cannot adequately brush teeth and perform oral care.  Individual cannot adequately care for nails.  Individual routinely refuses to complete grooming tasks.
5b. Routine Hair and Skin Care	Individual can manage hair and skin care but needs supplies laid out.  Individual needs reminding to do tasks.  Individual needs help to comb or brush hair.  Individual needs help applying non-prescription lotion to skin.	Individual cannot adequately perform washing and shampooing hair, drying hair, or setting, rolling or braiding hair. Individual cannot adequately wash hands and face or apply makeup.  Individual refuses to complete tasks or has moderate behaviors surrounding these tasks.

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
	Individual sometimes requires prompting to complete tasks.  Individual pushes hands away when hair is brushed.	Individual always needs help because he or she screams when face gets wet.  Individual always requires prompting to complete tasks.
6. Toileting	Individual has instances of urinary incontinence and occasionally needs help because of this. Fecal incontinence does not occur unless caused by a specific illness episode.  Individual may need help with supplies or equipment.  Individual needs some help with clothing during toileting.  Individual needs standby help.  Individual may have catheter or colostomy bag, and occasionally needs help with management.	Individual often cannot get to the bathroom on time to urinate or has occasional episodes of fecal incontinence. Individual may wear incontinence products to manage the problem and needs help with them.  Individual usually needs help with catheter or colostomy bag.  Individual needs help with a bedpan or urinal, or with emptying a catheter bag or changing an external catheter or colostomy bag.  Individual needs diapers changed or needs help with feminine hygiene products.
7. Hygiene in Toileting	Individual can usually manage cleaning self after toileting except on	Individual often needs help with cleaning after toileting because of difficulty in

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
	occasional days when bending or moving is particularly difficult, or when incontinence occurs.  Individual may have catheter or colostomy bag, and occasionally needs help with management.  Individual occasionally needs help toileting due to cognitive ability such as lack of understanding of hygiene, or due to behavioral challenges such as fecal smearing.	reaching, or due to incontinence problems.  Clothes are sometimes soiled and odorous. Individual usually needs help with catheter or colostomy bag.  Individual routinely needs help toileting due to cognitive ability such as lack of understanding of hygiene, or due to behavioral challenges such as fecal smearing.
8. Transfer	Individual usually can get out of bed or chair with minimal or standby help.  Individual may accomplish transfer without help but needs standby assistance for safety.  Individual needs some help adjusting or changing position in a bed or chair, called positioning.  Individual may sometimes need prompting to complete transfers.	Individual usually needs hands-on help when rising to a standing position or moving into a wheelchair to prevent losing balance or falling.  Individual can help with the transfer by holding on and supporting him or herself.  Individual can help some with non-ambulatory movement from one stationary position to another, called a transfer. This task does not include carrying.  Individual usually needs help

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
		transferring due to behavioral challenges or cognitive ability.
	Individual walks alone without help for only short distances.	Individual has considerable difficulty walking even with an assistive device.
	Individual can walk with minimal difficulty using an assistive device or by holding onto walls or	Individual can walk only with help from another person and never walks alone outdoors without help.
9. Walking	furniture.  Individual needs help	Individual may use a wheelchair periodically.
(Ambulation)	positioning for use of a walking apparatus or putting on and removing	Individual needs help with wheelchair ambulation.
	leg braces and prostheses for ambulation.	Wheelchair ambulation is defined as pushing the wheelchair for the individual.
	Individual may need repeated prompts while ambulating.	Individual needs help walking due to behavioral challenges or cognitive ability.
10. Cleaning	Individual can do most tasks around the house, like picking up, dusting, washing dishes, sweeping, straightening the bed, carrying out	Individual can do only very light housework like dusting, washing a few dishes or straightening up magazines or newspapers.
	trash, light vacuuming or cleaning sinks.	Individual cannot see well enough or does not have the strength or flexibility to sweep
	Individual cannot move heavy furniture or do extensive scrubbing or	floors, change bed linens or carry heavy objects.

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
	mopping.  Individual may be capable of cleaning but may refuse or sometimes require repeated prompts to complete tasks.	Individual may excessively collect items or neglect to pick up after themselves.  Individual may be capable of cleaning but routinely refuses or requires repeated prompts to complete tasks.
11. Laundry	Individual does hand washing but has difficulty wringing and hanging heavy laundry to dry. Individual can do most laundry tasks but needs minimal help to put clothes in machines, sort clothes, fold them and put them away. Individual may have strength but may not be able to see or turn washer dials or, may require supervision or instruction to use a washer. Individual may be capable of doing laundry activities but may refuse or require repeated prompts to complete tasks.	Individual may do light hand washing but cannot bend or lift or carry loads of clothes to manage most laundry, and cannot hang clothes out at all or get them off a line, but may fold them and help put them away.  Individual may not be able to wring out clothes without help. If a laundromat is used, the individual has considerable difficulty getting there.  Individual has special laundry needs due to incontinence or other physical problems and needs laundry more frequently than once a week.
12. Meal Preparation	Individual can do some meal preparation but has some difficulty.  Individual can prepare simple foods or warm up food like frozen meals or	Individual cannot cook meals due to physical impairment and can only do minimal preparation of simple cold foods like sandwiches or cereal.

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
	food prepared by others. Individual may have difficulty with cutting meats or other foods.  Individual can prepare foods but needs help with meal planning or minimal help preparing meals. Individual may need help carrying food items or meal preparation items.  Individual needs help with hygienic and safe practices around food preparation and storage.	Individual has difficulty opening cans and preparing fresh foods for cooking.  Individual regularly has difficulty seeing or turning burners on and sometimes forgets to turn them off. Individual needs prepared meals pureed or ground up for serving.  Individual may be fearful or unable to use kitchen appliances safely due to behavioral challenges or cognitive ability.
13. Escort	Not scored.	
14. Shopping	Individual decides what to buy but needs help preparing a shopping list.  Individual can shop if someone goes along to help. This could be prompting or help using money to purchase items.  Individual may shop by phone but needs help carrying or storing groceries.  Individual can do most shopping, but needs extra	Individual may still decide what to buy, but seldom, if ever, goes to a store and needs shopping for all items and picking up medications.  Individual may not be able to shop by phone because of communication difficulties.  Individual cannot regularly carry or store most of the purchases without help.  Individual may wander off during shopping due to cognitive ability or yell or cry

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
	items picked up between shopping trips.	during shopping trips due to behavioral challenges.
15. Help with Medications	Individual can self-direct* medications, but occasionally needs help with opening the containers. Individual may need to be reminded to take medications. *Self-direct means the individual can:  • identify the proper medication by name or sight including color and shape; • identify the purpose of the medication such as for my heart, for pain, for allergies; • determine the correct dosage is being taken such as one pill; and • identify the time medication is needed for example morning or lunchtime.	Individual or LAR can self-direct* medications but needs help opening containers or needs the medication brought within reach.  Individual or LAR can self-direct * medications but has a visual impairment and may not be able to read labels. Individual or LAR can self-direct* medications but must be reminded to ensure that medications are taken as prescribed.  Unless medication is a delegated task, it cannot be purchased if the score for medication is 3.  Total help indicates the individual cannot self-direct medications and requires either skilled assistance or supervision from informal support.  Total help indicates the individual can self-direct medications, but due to a functional limitation, is unable to self-administer medications, or due to cognitive limitations where the

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
		individual refuses to take medications.
16. Trim Nails	Individual can trim his or her own fingernails but may have difficulty doing his or her toenails by him or herself.  Individual may be capable of trimming nails but refuses or is unable due to behavioral challenges or cognitive ability.	Individual trims fingernails only when no one is available to help.  Individual cannot reach and trim toenails and has difficulty using scissors or clippers.  Individual may be capable of helping but refuses or is unable due to behavioral challenges or cognitive ability.

**Note:** A diagnosis of diabetes does not automatically indicate a score of 3. Many people with diabetes can trim their nails. If a medical practitioner has instructed an individual with diabetes not to trim the nails, score the task 3.

	Individual occasionally gets dizzy or needs to steady him or herself by holding onto furniture or a	Individual usually experiences some imbalance and needs to
17. Balance	person and may need to hold someone's arm to go up and down stairs.	hold onto a support when he or she first stands up to steady him or herself.
	Individual may have experienced an occasional fall because of imbalance or the individual's movement is restricted because of fear of falling.	Individual suffers from dizziness that affects his or her balance and would likely fall if help was not available.

Tasks	1 = Minimal or Mild Impairment	2 = Extensive or Severe Impairment
18. Open Jars, Cans and Bottles	Individual can open some containers but may have difficulty with very large jars, special medicine caps or containers that require special opening instructions or procedures.  Individual may use an assistive device.	Individual cannot open large jars or new bottles or jars without help or an assistive device.  Individual may be able to open small jars and bottles that have been previously opened.
19. Phone	Individual can use phone but may have difficulty hearing or getting to the phone quickly when it rings.  Individual may need to go out of the home to use the phone but can do so without much difficulty.	Individual may be able to answer or talk on the phone but may not be able to dial the correct number. Individual is sometimes not able to get to a phone when necessary.  Individual may be able to use the phone but may require repeated prompting and monitoring to use appropriately. For example, the individual is susceptible to being taken advantage of by telemarketers.

## Items 20-23 are assessed for PAS only.

On Items 20 and 21, the assessor can use information other than the individual's perception of him or herself only if:

- the individual provides inaccurate information because of his or her physical or mental impairment;
- there are inconsistencies between the information the individual is providing and the assessor's observation of the individual; or

 there is conflicting information provided by a family member present during the interview.

To properly score these questions, if the assessor is unsure of the information given by the individual, he or she will:

- get as much information as possible from the individual;
- contact a third party such as a family member or friend, who is aware of the individual's cognitive abilities; or
- use his or her judgment to score the question if no one is available who knows the individual's cognitive abilities.

**20. Initial scoring:** These questions are based on the individual's perception of self.

• 0 – If the answer to both questions is No, stop here.

## Final scoring:

- 1 If the answer to all four questions is No.
- 2 If the answer to any one of these four questions is Yes.
- 3 If the answer to at least two of these four question is Yes.
- **21. Scoring instructions:** This question is based on the individual's perception of self. Does the individual indicate he or she has trouble concentrating and has memory lapses? Does the individual indicate he or she needs help making decisions?
  - 0 If the answer to the question is not at all.
  - 1 If the answer to the question is occasionally or a couple times.
  - 2 If the answer to the question is frequently, more than a couple times but not every day.
  - 3 If the answer to the question is every day.
- **22. Scoring instructions:** This question is based on someone's observation of the individual. This may be a family member, relative, caregiver or the person who called in the intake. Information from home health attendants or assessor observation can be used to score this question, but only as a last resort. The assessor must make every effort to contact a third party to provide the information. There should be documented attempts in the case record to contact other resources. If no other source is available, and the assessor feels

the information provided by the attendant is accurate, he or she can score the information based on the attendant's knowledge and observation of the individual.

- 0 = The answer to the question is the individual makes consistent and reasonable decisions independently. For example, he or she pays bills and makes financial decisions, keeps own medical appointments, and maintains own household.
- 1 = The answer to the question is the individual makes simple decisions without help. For example, he or she decides what to wear, what to buy at the grocery store, and when to do housekeeping chores.
- 2 = The answer to the question is the individual makes poor decisions and needs cues or supervision for most decisions.
- 3 = The answer to the question is the individual is severely impaired and rarely makes his own decisions.
- 23. Scoring instructions: This question is based on someone's observation of the individual. This may be a relative, caregiver or the person who called in the intake. Information from home health attendants or assessor observation can be used to score this question, but only as a last resort. The assessor must make every effort to contact a third party to provide the information. There must be documented attempts in the case record to contact other resources. If no other source is available, and the assessor feels the information provided by the attendant is accurate, he or she can score the information based on the attendant's knowledge and observation of the individual.
  - 0 = The answer to the question is No.
  - 1= The answer to the question is the individual has some short-term memory problems and can perform tasks for himself with occasional reminders.
  - 2 = The answer to the question is the individual has memory lapses resulting in frequently not performing tasks even with reminders.
  - 3 = The answer to the question is the individual has memory lapses resulting in inability to perform routine daily tasks.

**Service Arrangement (SA)** – Enter the following codes to show the service provider for PAS and HAB activities.

Code	Details
S	Self. Use S if the Individual performs the task without any help.
С	Caregiver. Use C when all of the task is being performed by or training is being provided by an unpaid relative, neighbor or friend regularly.
Р	Purchased. Use P if any part of the task will be purchased all the time or at times when another service arrangement type is not available to help.  For PAS only, if the functional score is 3, a service arrangement code of P should only appear under Item 15, Assistance with Medications, if it is a delegated task. Unless delegated, since 3 indicates total inability to perform any aspect of the task, only a licensed nurse or designated informal support or caregiver may fulfill this need. Habilitation may still be provided, if appropriate, for an individual with a functional score of 3.
P/C	Purchased or Caregiver. Use P/C when the caregiver is helping with, performing a purchased task or training the individual on how to perform the task during the time the attendant is present. Document in the Preferences and Special Considerations section the part of the task the caregiver performs or provides training on.  Example 1: The caregiver helps with bathing by laying out supplies but needs the attendant to help with the bath.  Example 2: The individual requests a five-day plan and the daughter, who is the caregiver, works Monday, Wednesday and Friday. The daughter helps the individual with bathing on Tuesday and Thursday during the time the attendant is present performing other tasks.  When the caregiver is not available during the time purchased tasks are delivered and helps only in the evenings or on weekends, a general comment may be entered in the Comments section. The tasks are not coded as P/C, but P only for purchased tasks.  Example 3: The individual requests a five-day plan and the caregiver works full time. The caregiver will help in the evenings and on the weekend but does not help with tasks during the time the attendant is present. A comment, Caregiver (use name and relationship) helps in the evenings and on weekends in the

Code	Details
	Preferences and Special Considerations section is adequate documentation. Code the task as P. <b>Example 4:</b> The caregiver packs breakfast and lunch for the individual but the attendant provides training to the individual on meal preparation for dinner. <b>Example 5:</b> The caregiver helps the individual on and off the toilet but the attendant teaches the individual about toileting hygiene.
А	Other agency. Use A when a non-contracted agency is performing the task.
P/A	Purchased/Agency. Use P/A when another agency is available to perform the task on some days, but not other days. Document in the Preferences and Special Considerations section the part of the task the other agency performs.
NA	Not Applicable or None Available. Not Applicable: The only tasks that can be not applicable are Walking and Assistance with Medications. Use NA when the individual cannot perform any part of the walking task, exercise task or assistance with medications task, and there is no caregiver or other agency totally performing the task. For example, an individual is a double amputee and cannot walk or use wheelchair ambulation. No time will be allotted for the task. Explain in the Preferences and Special Considerations section the task is not applicable.

## **Additional Habilitation Activities**

The information below includes examples of habilitation activities. You may use them to determine if an individual needs habilitation training in these specific tasks.

Information about the service arrangement is below the examples.

Service Arrangement (SA)	Example
<b>24.</b> Money Management	Individual may need help counting money, learning how to budget and paying for items, among other things.
<b>25.</b> Interpersonal Communication	Individual may need help communicating with others in person, on the phone or on the computer.
<b>26.</b> Community Integration	Individual may need help finding, participating in and accessing community activities.
27. Reduction of Challenging Behaviors to allow individuals to accomplish ADLs, IADLs, and health-related tasks	Individual may have challenging behaviors that can be reduced through behavior support plans, prompting, rewards or redirection, among others.
28. Accessing Leisure Time and Recreational Activities	Individual may need help finding activities he or she wants to participate in during leisure time or accessing those activities.
<b>29.</b> Self- Advocacy	Individual may need help learning how to advocate for him or herself. Advocating for oneself could include asserting preferences or requesting needed services.
<b>30.</b> Socialization and Development of Relationships	Individual may need help with development and maintenance of relationships or appropriate social behaviors.
<b>31.</b> Personal Decision Making	Individual may need help making decisions for him or herself. This includes help assessing what is important to that individual, pros and cons, as well as consequences.

Service Arrangement (SA)	Example
<b>32.</b> Accessing Community Resources	Individual may need help finding, participating in, and accessing community resources such as free meal programs, churches, parks, self-advocacy training or events.
<b>33.</b> Use of Augmentative Communication Devices	Individual may need help operating, learning to use, or accessing an augmentative communication device.
34. Other	Include other activities when the individual may have a need for habilitation training in the other category if it does not fit in an existing category.
35. Other	Include other activities when the individual may have a need for habilitation training in the other category if it does not fit in an existing category.

#### Part B - Task or Hour Guide Column

Minutes Per Day – To have each task authorized as PAS, enter the daily number of minutes needed to conduct that task, based on the support level and the minute range for that task shown in Part C. Times must be shown in five-minute increments and, if needed, rounded up to the next five-minute increment. For each task to be authorized as HAB, enter the daily number of minutes needed to provide training on that task.

The time allotted for PAS must be within the range shown in Part C for the support level and cannot be higher or lower, except in the following situations:

If an individual has a compelling reason for not wanting any of the subtasks under the appropriate support level, but only wants subtasks listed in a lower support level, document the individual's request and allocate minutes in the minute range for the subtasks selected. Document the reason and no supervisory approval is required. Example: The individual scores 2 on bathing. She needs help with drying. However, when discussing subtasks, she states she wants standby help for safety and drawing of water, all under the support level

- of 1. She states her skin is very sensitive and she would not allow help with drying as she is afraid it would hurt her. The subtasks checked are all under the support level of 1, so ten minutes is allowed. Documentation is required to explain the variance. No supervisory approval is required.
- If an individual has a caregiver or other agency performing part of a task and only subtasks in a lower support level are needed, the assessor must document the individual's request and allocate minutes in the minute range for the subtasks selected. Document the reason and no supervisory approval is required. **Example:** The individual scores 2 for bathing, but only wants help laying out supplies and drawing water because her daughter provides all hands-on help with the bathing task. The task is marked P/C. The subtasks under the support level of 1 are checked and ten minutes is allowed for the subtasks to be purchased. Documentation is required to explain the variance. No supervisory approval is required.

A task may be purchased if it is performed at least once a month by the provider. Time allotted for the task must be prorated into a weekly amount. **Example:** Escort 1 time a month × 120 minutes ÷ 4.33 = 28 minutes per week. Round up to the next five-minute increment to equal 30 minutes per week.

Escort may be shown as PRN, as needed, if it occurs less than once a month and no time is allocated.

**Note:** Get supervisory approval if:

- the individual has extenuating circumstances, other than the exceptions listed above; and
- requires time outside the range, either more or less, for the subtasks within the appropriate support level.

Do not change the support level to adjust the minutes or for the convenience of a provider or attendant. For supervisory approval, document the individual's extenuating circumstances and justify the need for minutes outside the range. The request must be in writing and the supervisor's approval or disapproval must be in writing. Documentation of the request and the approval or disapproval must be filed in the case record. Supervisory approval is required for the adjustment of time outside the ranges to specific tasks and to combinations of tasks that have ranges.

**Companion Cases –** For PAS only. Check the box in each companion case eligible section to show if there is a companion case. For general household tasks, including cleaning, shopping and meal preparation, use the companion minute range rather than the individual range. Time is assigned per individual based on the individual's support level. Check the box(es) in the Total Minutes Per Week column for cleaning, meal preparation or shopping to show that time is authorized for these tasks to the companion case. In situations where there are more than two companions in the household, assign time based on the individual's support level using the companion minute ranges.

- **Example 1:** On cleaning, Mr. Jones scores 3 and Mrs. Jones scores 1. Mrs. Jones can do some light housekeeping, but due to her husband's incapacity, he needs all cleaning tasks performed in his area. Mrs. Jones is allowed the maximum of 45 minutes under support level 1 in the companion range. Mr. Jones is allowed the maximum of 180 minutes under support level 3 in the companion range.
- Example 2: On meal preparation, Mr. and Mrs. Smith both score 2. However, they have different schedules and need some meals shared and others on an individual basis. Calculate everyone's time based on the meals needed within the impairment range. Use the time in the companion minute range for shared meals and time in the individual range for non-shared meals. Use the Optional Meal Preparation Chart as a tool for calculating time.

Optional Meal Preparation Chart for a Varied Meal Schedule – This is an optional chart to help calculate time for meals for individuals who have a varied schedule. There is no requirement for this chart to be completed as it is a tool only to help calculate times. Enter the time for each meal by the number of days the meal is needed for the total minutes for each type of meal. Use the individual or companion range, as appropriate, and check the box. Total the minutes for the Total Minutes per Week.

Divide the Total Minutes per Week by the number of days per week meals will be authorized for the Average Daily Minutes. If needed, round this amount up to the next five-minute increment. Enter this amount in Part B, Minutes Per Days for the task of Meals. In Days Per Week, enter the highest number of days meals are prepared, even if not all meals are prepared daily.

Days Per Week – For each task to be authorized as PAS or HAB, enter the number of days per week the attendant will conduct that task. Enter in the Preferences and Special Considerations section if the task is performed less

than once a week. For the task of Feeding, enter the total number of meals per week.

Sub-Total Minutes Per Week — Multiply the minutes per day by the days per week to get the Sub-Total Minutes Per Week for each PAS or HAB task.

#### Part C - Subtasks and PAS Minute Ranges

**Note:** The minute ranges in this section only apply to PAS activities. Indicate using the checkbox if habilitation is needed for any of the subtasks, but when completing the Task and Hour Guide for habilitation, do not use the minute ranges indicated in Part C.

The subtasks in Part C must be checked to show specifically what the individual needs. An individual scoring of 2 or 3 may need all subtasks under the support level for 1 and additional subtasks under the support level of 2.

#### **Preferences or Special Considerations**

Indicate preferences or special considerations identified during the discovery process in the space provided for each activity. This could include the individual's preference to take baths over showers, or factors such as behaviors that result in higher scores. Additionally, any comments regarding each task can also be documented in this space.

## **Calculating Total PAS and Habilitation Hours**

**Total PAS Minutes Per Week** - Add the subtotal minutes for each task 1-19 to get the Total PAS Minutes for all tasks.

**Total PAS Hours Needed Per Week** –Divide the Total PAS Minutes by 60 to determine the weekly total in hours. Round the weekly number of hours to the next highest quarter hour to determine the total hours to authorize. **Example:** If an individual needs 7 hours and 10 minutes of service each week, enter 7.25 in Hours Needed. This field is NA for HCBS STAR+PLUS Waiver.

**Total Habilitation Minutes Per Week** – Add the subtotal HAB minutes for each task 1-19, and 24-36 to get the Total HAB Minutes for all tasks.

**Total Habilitation Hours Needed Per Week** – Divide the Total HAB Minutes by 60 to determine the weekly total in hours. Round the weekly number of hours to the next highest quarter hour to determine the total hours to

authorize. **Example:** If an individual needs 7 hours and 10 minutes of service each week, enter 7.25 in Hours Needed.

**Total Combined PAS and Habilitation Hours Per Week** - Enter the total weekly hours that can be authorized. Do this by adding together the Total PAS Hours Per Week and the Total HAB Hours Needed Per Week. Round the time up to the next highest quarter hour.

## Section 3 – Health-Related Tasks Screening Tool

The Health-Related Tasks Screening Tool is used to determine if the individual may have nursing tasks when the individual or his or her LAR is requesting CFC PAS/HAB. The assessor asks the individual or LAR and then records his or her answer. The assessor is not expected to answer these questions for the individual or LAR.

- **A. Physician Delegation** Answer Yes or No to the question about physician delegation. Physicians may delegate medical acts to an unlicensed person when the unlicensed person can carry out the act properly and safely. As the physician remains responsible for the medical act performed, delegation is made to a specific person and does not encompass any person who is caring for the individual. Writing an order for an individual's care does not constitute delegation to an unlicensed person. If the answer is Yes, skip to Section C.
- **B. Medication Administration** Check Yes or No to the question about medication administration. If the answer is Yes, check all the routes of medication administration that are currently used.
- **C. Special Procedures** Answer Yes or No to the questions about special procedures.
- **D. Eating** Answer Yes or No to the questions about eating.
- **E. Bathing** Answer Yes or No to the question about bathing.
- **F. Toileting** Answer Yes or No to the questions about toileting.
- **G. Mobility** Answer Yes or No to the questions about mobility.
- **H. Health-Related Task Screening Tool Review** Review the Yes responses in Section B-G. Make a referral to the MCO to take further action if any tasks are shown to need to be delegated tasks or HMAs.

# Section 4 – Emergency Response Service (ERS)

Check Yes or No to show if the individual needs ERS. If Yes, describe how the individual will benefit from ERS in the space provided. Any more comments about special considerations or preferences should also go in this space.

#### Section 5 - Information and Referrals

Check the box or boxes from the list to show the referrals appropriate for the individual.

- STAR+PLUS Home and Community Based Services (STAR+PLUS HCBS)
- Waiver Interest List (Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), Medically Dependent Children Program (MDCP), Texas Home Living (TxHmL), Home and Community Based Services (HCS))
- State Supported Living Center crisis diversion slot
- Preadmission Screening and Resident Review (PASRR) crisis diversion slot
- Other Medicaid services, such as durable medical equipment, augmentative communication systems, seating and positioning systems, power or custom mobility equipment, nursing and therapy services
- Other non-Medicaid or community service
- Housing options which refers to housing-only services such as Section 8 housing assistance and other independent or subsidized housing arrangements that are affordable, integrated and accessible
- Community living options which refers to services and programs that support community living, including in-home nursing, attendant and habilitation services, minor home modifications, respite, and adaptive aids, among others
- Other Specify any other referrals that are appropriate for the individual

**Notes:** Provide any additional information about information and referrals for the individual. For example, show why the individual was or was not referred for a service.

# **Section 6 – Support Management**

- 1. Check Yes or No to show if the individual is currently receiving support management.
- 2. Check Yes or No to show if the individual wants to receive support management.

If Yes for 1 or 2, complete 3.

1. Identify any needs, requests or considerations specific to this service necessary for the staff to know when supporting the individual to achieve his or her outcomes.

# **Section 7 – Service Delivery Options**

For initial assessment: Check Yes or No to show if the individual is interested in self-directing CFC services.

For renewal: Check the appropriate box to show what service delivery option the individual is currently using. The service delivery options are Agency, Consumer Directed Services or Service Responsibility Option. Check Yes or No to show if the individual wants to change his or her service delivery option.

# Section 8 – Summary of Recommended Community First Choice Services

Community First Choice PAS/HAB Recommended Total Hours – Show the total combined recommended CFC PAS/HAB hours as listed at the end of Section 2

**Support Management:** Check Yes or No to indicate the response given in Section 6.

**ERS** – Check Yes or No to indicate the response given in Section 4.

**Health-Related Tasks indicated in Section 3** – Indicate Yes or No if there are health-related tasks indicated in Section 3.

# Section 9 – Acknowledgement

Signing this page affirms:

- The hours suggested on Form H6516 are informed by the goals the individual has identified for themselves on Form 1701, Support Plan Narrative.
- The individual, LAR, representative or assessor participated in the service planning process.
- The individual, LAR, representative and assessor understand that this
  document and the hours listed on this plan are only a recommendation
  and not a guarantee of services to be provided. However, this
  recommendation will be used to guide the approval and provision of
  services for CFC.

Signature of Individual or Legally Authorized Representative and Date – The individual or LAR must sign and date Form H6516 after completion. Any updates to the form must be initialed and dated by the individual or LAR. If the individual or LAR refuses to sign the form, the assessor should notate this on the signature line of the form.

**Printed Name of Individual or LAR** – Print or enter the individual or LAR's name.

**Signature of Assessor and Date** – The assessor must sign and date Form H6516 after completion. Any updates to the form must be initialed and dated by the assessor.

**Printed Name of Assessor** – Print or enter the assessor's name.

**Signature of Representative and Date** – If a representative participates in the completion of the assessment, he or she must sign and date Form H6516 after completion. Any updates to the form must be initialed and dated by the representative, if applicable.

**Printed Name of Representative** – Print or enter the representative's name.

**Signature of Other Person and Date** – If there is another person who participates in the completion of the assessment, he or she must sign and date Form H6516 after completion.

**Printed Name of Other Person** – Print or enter the other person's name.

**Signature of MCO Staff and Date** – If there is an MCO staff other than the assessor who participates in the completion of the assessment, he or she must sign and date Form H6516 after completion.

**Printed Name of MCO Staff** – Print or enter the MCO staff's name.



## **Community First Choice Assessment**

		Section 1 – Individual's Inforr	nation and Type of Assessmer	nt
Individual's Name	)		Medicaid No.	Date of Birth
Date of Assessme	ent	Sex	Employment Status	
		○ Male ○ Female	○ Employed ○ Unemployed	Retired
Education Level				
O Less than high	school (HS)	O HS diploma or equivalence	○ Some College	○ College degree
○ Master's or hig	gher	Other:		
Participants				
Type of Assessm	ent: O Initial	Renewal		
	Section	on 2 – Needs Assessment Qu	estionnaire and Task and Hou	r Guide
Scoring the Sup	port Level for Pe	sonal Assistance Services (PAS	)	
Score the individu	ual per the following	g scale:		
Score			Description	
0 = None	No functional impa	irment. The individual can conduct a	ctivities without difficulty and has no ne	ed for help.
<b>1</b> = Mild	Minimal or mild fur	ctional impairment. The individual ca	n conduct activities with minimal difficu	ulty and needs minimal help.
2 = Severe	Extensive or sever	e functional impairment. The individu	al has extensive difficulty carrying out	activities and needs extensive help.
3 = Total	Total functional im	pairment. The individual cannot carry	out any part of the activity.	

#### Task, Minute, and Subtask Guide

**General** – The minute range for each PAS task and score is the minimum and maximum time that may be allowed for the task at that score level. Times must be shown in 5-minute increments and if needed, rounded up to the next highest 5-minute increment. Check each subtask the individual requires. If there is more than one individual residing in the home, use the companion range for common household tasks (cleaning, meal preparation and shopping). If the individual has a caregiver or other agency doing part of a task, so that the service arrangement is coded Purchased/Caregiver (P/C) or Purchased/Agency (P/A), less time may be allowed for the purchased part of the task without supervisory approval.

**Specific Tasks** – Each task has one or more activities or subtasks that form the overall purchased task. When calculating PAS times, carefully consider which activities will be purchased. An individual with an impairment score of 2 may need subtasks listed under impairment score 1, or an individual with an impairment score of 3 may need subtasks listed under impairment score 1 and 2. Check all subtasks that apply for the individual's specific circumstances to specify the type of help provided and support the time allocated for that task.

Supervisory Approval is required to authorize any PAS minutes outside these guidelines. The need for more minutes or fewer minutes within a specific impairment score must be documented and justified when requesting supervisory approval. Refer to the form instructions for exceptions and procedures for requesting supervisory approval.

Individual's Name:								Form H6516 Page 2 / 9-2025
Support Level (SL): 0 = Non Service Arrangement (SA): Boxes related to priority fac	<b>C</b> = Caregiver <b>P</b> =			lot Applic	able <b>S</b> = Self or <b>A</b> =	= Other Agency		
1. Bathing								
Part A – Functional Assessi	ment			Part B -	Task and Hour G	uide		
1.a. Do you have any problems PAS time needed for bathin		ower?	SL	SA	Min. Per Day	Days Per Week		otal Min. Per Week
1.b. Habilitation (HAB) time nee	eded for bathing				х	= H/	AΒ	
Part C - Subtasks and PAS	Minute Ranges							
PAS Support Level 1 Minute Range 5-10	Habilitation?		Support L		Habilitation?	PAS Support L Minute Range		Habilitation?
Minimal help in or out of tub or shower		Extensi	ive help in shower	or out of		☐ Total help with ba	thing	
Laying out supplies		☐ Tub or :	shower ba	thing				
☐ Drawing water		☐ Sponge	e bathing					
Standby help for safety		☐ Bed ba	thing					
Reminding or monitoring		Drying						
☐ If hauling and heating water a	re required, add an	extra 30 mir	nutes for a	ll support le	evels.			•
2. Dressing								
Part A – Functional Assessi					Task and Hour G			
2.a. Can you dress yourself? P	AS time needed for	dressing	SL	SA	Min. Per Day	Days Per Week		otal Min. Per Week
2.b. Habilitation time needed fo	or dressing				х	= H/	AB	
Part C – Subtasks and PAS	Minute Ranges							
PAS Support Level 1 Minute Range 5-10	Habilitation?		Support L ite Range		Habilitation?	PAS Support L Minute Range		Habilitation?
Laying out clothing			requires l			☐ Total help dressin	g	
May require occasional help with zippers, buttons, putting on socks or shoes		shoes	es help ge					
Reminding or monitoring			t of garme					
Preferences and Special Consi	iderations:					•		

Individual's Name:								Page 3 / 9-2025
3. Exercise								
Part A – Functional Assess	ment			Part B -	- Task and Hour	Guide		
3.a. Walking only - maximum 3	0 minutes			SA	Min. Per Day	Days Per Week	Sub	-Total Min. Per Week
3.b. Habilitation time needed for	or exercise					×	= HAB	
Preferences and Special Cons	siderations:				_			
4. Eating								
Part A – Functional Assess	ment			Part B -	- Task and Hour	Guide		
<b>4.a. Can you feed yourself?</b> En requires total help. If tube fee				SA	Min. Per Meal	Meals per Week	Sub	-Total Min. Per Week
not purchase.	a or gaotrootomy roc	ung, <b>uo</b>	Enter 0-3			·	= PAS	
4.b. Habilitation time needed for	or eating				2	C	= HAB	
Part C – Subtasks and PAS	Minute Ranges							
PAS Support Level 1 Minute Range 5-10	Habilitation?		Support I ute Range		Habilitation?		oort Level 3 ange 25-30	Habilitation?
Verbal reminders or encouragement			feeding			☐ Total help w	rith feeding	
Standby help		☐ Bottle	feeding					
Applying adaptive devices								
Preferences and Special Cons	siderations:							
5. Grooming								
Part A – Functional Assess	ment			Part B -	- Task and Hour	Guide		
5.a. Can you shave yourself, b and comb your hair? Use t			SL					
5.b. Shaving, oral care, nail car	re			SA	Min. Per Day	Days Per Week	Sub = PAS	-Total Min. Per Week
5.c. Routine hair and skin care					,	·	= PAS	
5.d. Habilitation time needed for	or grooming				;	<b>(</b>	= HAB	

Individual's Name:					Page 4 / 9-2025
Part C - Subtasks and PAS	S Minute Ranges				
		Shaving, Oral Care	, Nail Care		
PAS Support Level 1 Minute Range 5-10	Habilitation?	PAS Support Level 2 Minute Range 15-20	Habilitation?	PAS Support Level 3 Minute Range 25-30	Habilitation?
Laying out supplies		Shaving		☐ Total help grooming	
☐ Verbal reminders		☐ Brushing teeth			
		☐ Shaving legs, underarms			
		Caring for nails			
		Routine Hair and S	Skin Care		
PAS Support Level 1 Minute Range 5-10	Habilitation?	PAS Support Level 2 Minute Range 15-30	Habilitation?	PAS Support Level 3 Minute Range 35-45	Habilitation?
Laying out supplies		☐ Washing hair		Total help with routine hair and skin care	
☐ Verbal reminders		Drying hair		and skin care	
Combing hair		Setting, rolling, or braiding hair			
Applying non-prescription lotion		Washing hands and face			
		Applying makeup			
6. Toileting					
Part A – Functional Assess	sment	Part B –	Task and Hour G	uide	
6.a. Do you have any problem using the toilet?	s getting to the bath	nroom and SA	Min. Per Day	Days Per Week Sub-T	otal Min. Per Week
6.b. Habilitation time needed f	for toileting		х	= HAB	
7. Hygiene in Toileting					
Do you have trouble clear bathroom?	ning yourself after u				
Part C – Subtasks and PAS		sing the SL			
PAS Support Level 1 Minute Range 5-10	S Minute Ranges				
Preparing toileting supplies or equipment	6 Minute Ranges Habilitation?	PAS Support Level 2 Minute Range 15-20	Habilitation?	PAS Support Level 3 Minute Range 25-30	Habilitation?
Helping with clothing during toileting		PAS Support Level 2	Habilitation?		Habilitation?
— tolleting	Habilitation?	PAS Support Level 2 Minute Range 15-20	_	Minute Range 25-30	Habilitation?
Occasional help with cleaning self	Habilitation?	PAS Support Level 2 Minute Range 15-20  Helping on or off bedpan	_	Minute Range 25-30	Habilitation?
Occasional help with	Habilitation?	PAS Support Level 2 Minute Range 15-20  Helping on or off bedpan  Help using the urinal		Minute Range 25-30	Habilitation?
Occasional help with cleaning self Occasional help with	Habilitation?	PAS Support Level 2 Minute Range 15-20  Helping on or off bedpan Help using the urinal Help with toileting hygiene Help with feminine hygiene		Minute Range 25-30	Habilitation?
Occasional help with cleaning self Occasional help with catheter or colostomy care	Habilitation?	PAS Support Level 2 Minute Range 15-20  Helping on or off bedpan  Help using the urinal  Help with toileting hygiene Help with feminine hygiene needs		Minute Range 25-30	Habilitation?
Occasional help with cleaning self Occasional help with catheter or colostomy care	Habilitation?	PAS Support Level 2 Minute Range 15-20  Helping on or off bedpan Help using the urinal Help with toileting hygiene Help with feminine hygiene needs Changing diapers		Minute Range 25-30	Habilitation?

<b>Preferences and Special Cons</b>	iderations:					
8. Transfer						
Part A – Functional Assess	ment		Part B -	Task and Hour G	uide	
8.a. Can you get in and out of	your bed or chair?	SL	SA	Min. Per Day	•	Sub-Total Min. Per Week
				X	= PAS	
3.b. Habilitation time needed for				X	= HAB	
Part C – Subtasks and PAS	Minute Ranges				I	- T
PAS Support Level 1 Minute Range 5-10	Habilitation?	PAS Support Minute Range		Habilitation?	PAS Support Level Minute Range 25-30	
Helping with positioning - adjusting or changing position		Non-ambulatory from one station to another	ary positior		Total help positioning of transferring from bed to chair	
Minimal help rising		Hands-on help ri sitting to a stand				
Standby help		Extensive help p or turning	ositioning			
Preferences and Special Cons	iderations:					·
Part A – Functional Assess				Task and Hour G		
Part A – Functional Assess		SL	Part B –	Min. Per Day	Days Per Week	Sub-Total Min. Per Week
Part A – Functional Assess 9.a. Can you walk without help	?	SL		Min. Per Day	Days Per Week = PAS	Sub-Total Min. Per Week
Part A – Functional Assess  9.a. Can you walk without help  9.b. Habilitation time needed for	? or walking	SL		Min. Per Day	Days Per Week	Sub-Total Min. Per Week
Part A – Functional Assess  9.a. Can you walk without help  9.b. Habilitation time needed for	? or walking	SL PAS Support Minute Range	SA SA Level 2	Min. Per Day	Days Per Week = PAS	3
Part A – Functional Assess  D.a. Can you walk without help  D.b. Habilitation time needed for  Part C – Subtasks and PAS  PAS Support Level 1  Minute Range 5-10	or walking Minute Ranges	PAS Support Minute Range	SA	Min. Per Day x	PAS Support Level Minute Range 25-30 Total help with wheelch	3 Habilitation?
Part A – Functional Assess  D.a. Can you walk without help  D.b. Habilitation time needed for  Part C – Subtasks and PAS  PAS Support Level 1  Minute Range 5-10	or walking  Minute Ranges  Habilitation?	PAS Support Minute Range	SA Level 2 a 15-20 king or	Min. Per Day  x  x  Habilitation?	PAS Support Level Minute Range 25-30	3 Habilitation?
Minute Range 5-10  Standby help with walking  Help putting on and	or walking  Minute Ranges  Habilitation?	PAS Support Minute Range  Steadying in wal using steps  Help with wheeld	SA Level 2 a 15-20 king or	Min. Per Day  x  x  Habilitation?	PAS Support Level Minute Range 25-30 Total help with wheelch	Habilitation?
Part A – Functional Assess  9.a. Can you walk without help  9.b. Habilitation time needed for  Part C – Subtasks and PAS  PAS Support Level 1  Minute Range 5-10  Standby help with walking  Help putting on and removing leg braces	or walking  Minute Ranges  Habilitation?	PAS Support Minute Range  Steadying in wal using steps  Help with wheeld	SA Level 2 a 15-20 king or	Min. Per Day  x  x  Habilitation?	PAS Support Level Minute Range 25-30 Total help with wheelch	3 Habilitation?
Part A – Functional Assess  D.a. Can you walk without help  D.b. Habilitation time needed for  Part C – Subtasks and PAS  PAS Support Level 1  Minute Range 5-10  Standby help with walking  Help putting on and removing leg braces	or walking  Minute Ranges  Habilitation?	PAS Support Minute Range  Steadying in wal using steps  Help with wheeld	SA Level 2 a 15-20 king or	Min. Per Day  x  x  Habilitation?	PAS Support Level Minute Range 25-30 Total help with wheelch	3 Habilitation?
Part A – Functional Assess D.a. Can you walk without help D.b. Habilitation time needed for Part C – Subtasks and PAS PAS Support Level 1 Minute Range 5-10  Standby help with walking Help putting on and removing leg braces	or walking  Minute Ranges  Habilitation?	PAS Support Minute Range  Steadying in wal using steps  Help with wheeld	SA Level 2 a 15-20 king or	Min. Per Day  x  x  Habilitation?	PAS Support Level Minute Range 25-30 Total help with wheelch	3 Habilitation?

Individual's Name: \_ 10. Cleaning Part A - Functional Assessment Part B - Task and Hour Guide SL SA Sub-Total Min. Per Week 10.a. Can you clean your house, including sweeping, dusting, washing dishes, and vacuuming? = PAS Check if companion case, use range for companion. SA Min. Per Day **Days Per Week** Sub-Total Min. Per Week 10.b. Can you clean your house, including sweeping, dusting, washing dishes, and vacuuming? = HAB Part C - Subtasks and PAS Minute Ranges Support Level 1 Min Range: Support Level 2 Min Range: Support Level 3 Min Range: Individual 60-90, . Individual 240-300, Individual 95-235, Habilitation? Companion 30-45 Habilitation? Companion 50-180 Companion 50-180 Habilitation? Cleaning up after personal Minimal help cleaning Total help with cleaning care tasks Cleaning floors of living area used by individual Making bed Straightening areas Dusting Cleaning bathroom Changing bed linens Cleaning stove top, counters, washing dishes Cleaning refrigerator and Emptying and cleaning bedside commode Carrying out trash, setting out garbage for pickup **Preferences and Special Considerations:** 11. Laundry - Washer and Dryer Part B - Task and Hour Guide Part A - Functional Assessment SL SA Sub-Total Min. Per Week 11.a. Can you do your own laundry? = PAS SA 11.b. Habilitation time needed for laundry Min. Per Day **Days Per Week** Sub-Total Min. Per Week = HAB X

Individual's Name: Part C - Subtasks and PAS Minute Ranges PAS Support Level 2 PAS Support Level 3 Minute Range: Below in PAS Support Level 1 Minute Range: Below in Habilitation? Minute Range: 30 Habilitation? parentheses parentheses Habilitation? Minimal help Individual has no special Individual has no special laundry needs and has: laundry needs and has: Light hand washing Washer and dryer (60) Washer and dryer (60) Gathering and sorting Washer or dryer only (90) Washer or dryer only (90) Folding and putting away No washer and no dryer No washer and no dryer clothes (120) (120)Individual has special laundry Individual has special laundry needs and has: needs and has: Washer and dryer (120) Washer or dryer only (180) Washer or dryer only (180) No washer and no dryer No washer and no dryer ☐ (240) (240)**Preferences and Special Considerations:** 12. Meal Preparation Part A - Functional Assessment Part B - Task and Hour Guide 12.a. Can you fix your meals? SL SA Min. Per Day **Days Per Week** Sub-Total Min. Per Week = PAS Check if companion case, use range for companion. Purchased: Breakfast Lunch Supper 12.b. Habilitation time needed for meal preparation = HAB X

Part C – Subtasks and PAS Minute Ranges							
PAS Support Level 1 Minute Range: Individual 10-25 Companion 5-10	Habilitation?	PAS Support Minute Ra Individual Companion Must allow a min minutes what	inge: 30-90 15-45 imum of 30 ever the	Habilitation?	Minute Individ Compar Must allow a i minutes w	port Level 3 Range: ual 30-90 aion 15-45 minimum of 30 hatever the of meals.	Habilitation?
☐ Warming, cutting, serving		Cooking full me	al Indicate		┌─ Total help w	ith meal	
<ul><li>□ prepared food</li><li>□ Meal planning</li></ul>		meals to be coomaximum time page 30 minutes.			☐ preparation		
Helping prepare meals		Breakfast					
Light Breakfast		Lunch					
Snacks		Supper					
		More time for le Allow an extra 1 per day for cook for leftovers for meal, if needed.	5 minutes ing enough the next				
		Grinding and pu	reeing food				
Preferences and Special Cons	siderations:			•	l		
Optional Meal Preparation	Chart for a Varied	d Meal Schedule					
Breakfast:	Minutes:	X Days:		= Total minutes per	day:	O Individua	al O Companion
Lunch:	Minutes:	X Days:		= Total Minutes per	Day:	O Individua	al Companion
Supper:	Minutes:	X Days:		= Total Minutes per	Day:	O Individua	al Companion
Additional time for leftovers:	Minutes:	X Days:		= Total Minutes per	Day:	O Individua	al Companion
				Total Minutes Per W	Veek:		
Total Minutes Per Week:		÷ Number of Days P	er Week =	Average Daily Min	utes: 0		
Days Per Week: Enter the highest number of days meals are prepared, even if not all meals are prepared daily. Due to rounding, the final total may be higher than the calculations on this page.							
13. Escort							
Part A – Functional Assessment Part B – Task and Hour Guide							
13.a. Escort			SA	Min. Per Day	Days Per Week	Sub-To	otal Min. Per Week
				x		= PAS	
13.b. Habilitation time needed	for escort			х		= HAB	

Individual's Name:

Individual's Name:								Page 9 / 9-2025
Part C – Subtasks and PAS	Minute Ranges							
There is no associated minute	range for the esco	rt task.						
Arranging for transportation								
Accompanying individual to g	jet medical treatment							
Waiting with the individual at	the site due to individ	dual's condi	ition or dis	tance from	home			
Escort is needed less than or	nce a month							
Escort is needed at least onc	e a month							
Document the specific individual	need. If escort occur	rs at least o	nce a mor	nth, time ca	an be allocated and	prorated weekly		
Preferences and Special Cons	siderations:							
14. Shopping								
Part A – Functional Assess	sment			Part B -	- Task and Hour	Guide		
14.a. Can you do your own she	opping?		SL	SA	Min. Per Day	Days Per Week	Sub-To	otal Min. Per Week
Check if companion case,	use range for compa	nion.				x	= PAS	
14.b. Habilitation time needed	for shopping					x	= HAB	
Part C – Subtasks and PAS	Minute Ranges							
PAS Support Level 1 Minute Range: Individual 10-30 Companion 5-15	Habilitation?	M In	Support linute Rar dividual 3 mpanion	nge: 35-90	Habilitation?	Minute Individu	ort Level 3 Range: ial 35-90 ion 20-45	Habilitation?
Preparing a shopping list			g up medio			☐ Total help wi	th shopping	
☐ Picking up extra items		☐ Puttinç	j items aw	ay				
			to the stor					
The time allowed for shopping doup. The time also depends on ho		ping is done	e by the at	ttendant or			ng and only extra	L i items are picked
Preferences and Special Cons		ai is to a sit	ore. Tillie	s allowed	ioi travelling to and	nom the store.		
15. Help with Medication								
Part A – Functional Assess	sment			Part B -	- Task and Hour	Guide		
15.a. Can you take your own n	nedicine?		SL	SA				
15.b. Habilitation time needed	for help with medic	ation		SA	Min. Per Day	Days Per Week	Sub-To	otal Min. Per Week
Preferences and Special Cons	siderations:							

Individual's Name:					Page 10 / 9-2025
16. Trim Nails					
Part A – Functional Assessment		Part B -	- Task and Hou	r Guide	
16.a. Trim Nails - Can you trim your nails?	SL	SA			
16.b. Habilitation time needed for trimming nails		SA	Min. Per Day	Days Per Week	Sub-Total Min. Per Week
Preferences and Special Considerations:					
17. Balance					
Part A – Functional Assessment		Part B -	- Task and Hou	r Guide	
17.a. Do you have any problems keeping your balance?	SL	SA			
17.b. Habilitation time needed for balance		SA	Min. Per Day	Days Per Week	Sub-Total Min. Per Week = HAB
Preferences and Special Considerations:					
18. Open Jars, Cans and Bottles					
Part A – Functional Assessment		Part B -	- Task and Hou	r Guide	
18.a. Can you open jars, cans and bottles?	SL	SA			
18.b. Habilitation time needed for opening jars, cans and bottles.		SA	Min. Per Day	Days Per Week	Sub-Total Min. Per Week = HAB
Preferences and Special Considerations:					
19. Phone					
Part A – Functional Assessment		Part B -	- Task and Hou	r Guide	
19.a. Can you use the phone?	SL	SA			
19.b. Habilitation time needed for using the phone.		SA	Min. Per Day	Days Per Week	Sub-Total Min. Per Week
19.b. Habilitation time needed for using the phone.  Preferences and Special Considerations:		SA	Min. Per Day	-	

Individual's Name:							m <b>H6516</b> / 9-2025
Part A – Functional Assessment – More PAS Questions							7 0 2020
Items 20-23 are scored only for PAS							
20. During the last month, did you experience little interest or ple answer to either question is yes, ask the following:	easure in doir	ng things? Have y	ou felt	down, depressed o	or ho	ppeless? If the	SL
In the last two weeks, most of the day, nearly every day:  • Have you had problems sleeping?  • Have you lost the ability to enjoy things that once were for the properties of the properties of the properties of the properties of the last two properties of the last	un?						
21. During the last two weeks, how many days have you had trouble concentrating or making decisions?							SL
22. Can the individual make decisions independently?							SL
23. Does the individual appear to have short-term memory impair	rment?						SL
Additional Habilitation Activities	SA	Min. Per Day		Days Per Week		Sub-Tota Min. Per W	
24. Money Management			x		=	HAB	
Preferences and Special Considerations:						,	
25. Interpersonal Communication			х		=	НАВ	
Preferences and Special Considerations:			-			,	
26. Community Integration			х		-	НАВ	
Preferences and Special Considerations:							
27. Reduction of Challenging Behaviors			х		-	НАВ	
Preferences and Special Considerations:							
28. Accessing Leisure Time and Recreational Activities			х		-	НАВ	
Preferences and Special Considerations:							
29. Self-Advocacy			x		=	НАВ	
Preferences and Special Considerations:							
30. Socialization and Development of Relationships			х		=	НАВ	
Preferences and Special Considerations:							

31. Personal Decision Making

X

= HAB

Page	12	/ 9-2025

Additional Habilitation Activities	SA	Min. Per Day		Days Per Week		Sub-Total Min. Per Week	
Preferences and Special Considerations:							
32. Accessing Community Resources			Х		=	НАВ	
Preferences and Special Considerations:							
33. Use of Augmentative Communication Devices			х		II	нав	
Preferences and Special Considerations:							
34. Other:			х		=	НАВ	
Preferences and Special Considerations:	•						
35. Other:			Х		=	НАВ	
Preferences and Special Considerations:							
Calculating Total PAS and Habilitation F	lours		To			es and Hours Per Week t quarter unit.	
· ·		linutes Per Week		<u> </u>		<u>'</u>	
Total PAS Minutes Per Week ÷ 60 = <b>Total</b>	PAS Hours N	leeded Per Week			0		
Total I	Habilitation M	linutes Per Week					
Total Habilitation Minutes ÷ 60 = <b>Total Habilit</b> a	ation Hours N	eeded Per Week			0		
Total Combined PAS and	d Habilitation	Hours Per Week			0		
Section 3 – Health-Related Tasks Screening Tool							
A. Physician Delegation							
Refer to form instructions for definition of physician delegation	1.						
Has a physician delegated all medical acts that will be comple	eted by unlice	ensed staff? OY	es (	No <b>If Yes, skip</b>	to S	ection C.	
B. Medication Administration							
Does the individual require administration of medication to ensure that medications are received safely? OYes ONo							
Includes the following routes of administration:							
☐ Oral ☐ Topical ☐ Sublingual, under the tongue							
Eye or ear drops  Injections including insulin  Enteral tube or naso-gastric (NG)/gastric (G-tube)						(G-tube)	
	☐ Intravenous (IV) ☐ Nebulizer ☐ Suppositories, rectal or vaginal						
Metered dose inhaler by mouth Nasal							
C. Special Procedures	ion black	annum tamanan-t	ıro ·	night fluid intel		to it	
1. Does the individual require help to measure pulse, respirat oxygen saturation or glucose levels?	ion, biooa pr	essure, temperatt	ıre, W	eigiii, ilula intake (	טו טו	rtput,	
2. Does the individual require help to perform sterile procedul and suctioning, urinary catheter placement and care?	res such as v	vound care includi	ing be	ed sores, tracheos	tomy	care Yes No	
					◯ Yes ◯ No		

Individual's Name:		rm H6516 3 / 9-2025
4. Does the individual require help to use a vagal nerve stimulator for seizure control?	○ Yes	○ No
5. Does the individual require help to administer as needed medication as necessary to manage behavior?	○ Yes	○ No
D. Eating		
Does the individual need help with IV nutrition or NG or G-tube feeding, special diets, or additives including thickening agents for oral feeding?	○ Yes	○ No
2. Does the individual need someone to intervene due to a history of frequent choking episodes?	○ Yes	○ No
E. Bathing		
1. Does the individual require help to bathe using specific bathing techniques because the individual has a chronic condition such as brittle bone disease or history of aspiration or gastric reflux (GERD) that would put the individual at significant risk for injury if the individual helping were not skilled in the specific bathing techniques?	○ Yes	○ No
F. Toileting		
1. Does the individual need someone to perform urinary catheterization, either long term or occasionally?	○ Yes	○ No
2. Does the individual need someone to intervene due to a history of bowel impaction or chronic constipation or quadriplegia or paraplegia that requires a routine or periodic bowel program?	○ Yes	○ No
G. Mobility		
1. Does the individual need someone to change his or her position to prevent skin breakdown?	○ Yes	○ No
2. Does the individual need someone to use a mechanical lift to transfer him or her?	○ Yes	○ No
3. Does the individual require the use of physical or mechanical restraints by paid staff?	○ Yes	○ No
H. Health-Related Tasks Screening Tool Review		
<b>Review the Yes responses in Sections B – G</b> . Make a referral to the managed care organization (MCO) to take further action indicated to need to be delegated tasks or health maintenance activities (HMAs).	n if any ta	asks are
Section 4 – Emergency Response Services (ERS)		
Does the individual require ERS?  Yes  No		
If yes, describe how the individual will benefit from ERS.		
Section 5 – Information and Referrals		
STAR+PLUS Home and Community Based Services (HCBS)		
☐ Waiver Interest List		
State Supported Living Center crisis diversion slot		
☐ Preadmission Screening and Resident Review (PASRR) diversion slot		
Other Medicaid services		
Other non-Medicaid or community service		
☐ Housing options		
Community living options		
Other:		
Notes:		

Individual's Name:		Page 14 / 9-2025						
	Section 6 – Support Management							
1. Is the individual currently receiving support management? OYes ONo								
2. Would the individual like to receive support management?  Yes  No								
3. Identify any needs, requests or considerations specific to this service that are necessary for the staff to know when they support the individual in achieving his or her outcomes.								
Se	ection 7 - Service Delivery Options							
For initial assessment:								
Is the individual interested in self-directing Commu	inity First Choice services?  Yes No							
For renewal:								
What service delivery option is the individual current	ntly using?							
Agency Consumer Directed Services	Service Responsibility Option							
Does the individual want to change his service deli	ivery option? O Yes O No							
Section 8 – Summary	of Recommended Community First (	Choice Services						
Community First Choice PAS/HAB Recommended	d Total Hours:							
Support Management:  Yes  No								
• ERS: O Yes O No								
Health-related tasks shown in Section 3?  Yes	○No							
	Section 9 – Acknowledgement							
By signing, I acknowledge that:								
<ul> <li>I participated in the service planning process.</li> <li>The hours suggested are informed by the goals I in</li> </ul>	identified for myself on Form 1701. Support F	Plan Narrative						
The hours suggested are a recommendation, not	•	iaii ivairative.						
Signature of OIndividual OLegally Authorized Re	presentative (LAR)							
Printed Name of Individual or LAR	Signature of Individual or LAR	Date						
Printed Name of Assessor	Signature of Assessor	 Date						
Printed Name of Representative	Signature of Representative	 Date						
	о.д							
Printed Name of Other Person	Signature of Other Person	 Date						
	<del>-</del>							
Printed Name of MCO Staff	Signature of MCO Staff	 Date						