

Preferred ophthalmology and optometry protocol

M.D. IPA, M.D. IPA Preferred and Optimum Choice

This protocol is specific to the Mid-Atlantic Health Plan ophthalmology and optometry authorization process. This protocol applies to members with Optimum Choice®, Inc. (OCI) and MD-Individual Practice Association, Inc. (M.D. IPA) health plans, all network physicians and other health care professionals.



Refraction care

The OCI and M.D. IPA Routine Eye Refraction Policy has been updated to reflect the change in policy:

Routine eye refraction exams (CPT® 92015) for OCI members are no longer covered for adults

- M.D. IPA will cover 1 routine eye refraction exam per year. Referral is not required.
- Normal referral guidelines apply only to medical conditions. If a member is using HMO benefits and has an exam for routine eye refraction, but the ophthalmologist diagnoses a medical condition, the ophthalmologist must contact the member's primary care provider to obtain a referral for additional services prior to rendering any additional care.



Routine ICD-10 diagnosis

- Routine eye exam
- Disorder of refraction
- Blurred vision



Contact lenses and eyeglasses

Members may obtain discounts for all lenses and frames from some participating optical centers. For a listing of participating optical centers, members should check their vision benefits. If they have optical care, they should go to myuhc.com® > Find a vision provider.



We're here to help

If you have questions, please contact Provider Services at **877-842-3210**.

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PCA-1-22-03928-E&I-WEB_11252022
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