

Dyslipidemia Management

Description

This guideline outlines recommendations for the evaluation, management, and monitoring of individuals with dyslipidemia (abnormal levels of lipids/fats in the bloodstream), including high blood cholesterol, hypertriglyceridemia, and elevated lipoprotein (a) [Lp(a)]. UnitedHealthcare uses evidence-based clinical guidelines from nationally recognized sources during review of our quality and health management programs. Recommendations contained in clinical practice guidelines are not a guarantee of coverage. Members should consult their member-specific benefit plan document for information regarding covered benefits.

To Review Guidelines

Guideline Title	Source/Location
2026 ACC/AHA/AACVPR/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Dyslipidemia	American Heart Association/American College of Cardiology et al.: https://www.jacc.org/doi/epdf/10.1016/j.jacc.2025.11.016