

# Review at Launch for New to Market Medications (for Louisiana Only)

Policy Number: CSLA2024D0060J Effective Date: September 1, 2024

Instructions for Use

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## Application

This Medical Benefit Drug Policy only applies to the state of Louisiana.

#### **Coverage Rationale**

This drug policy applies to new medications that are:

- Food and Drug Administration (FDA) approved; and
- Healthcare provider administered; and
- Reimbursable on a member's medical benefit

All new medications that are identified as being subject to this policy will be placed on the <u>Review at Launch Medication</u> <u>List</u> and reviewed upon FDA approval.

Medications will be reviewed based on:

- Health plan benefits and whether the medication is a covered/reimbursable service; and
- Medical necessity

Medical necessity reviews will be conducted using the following:

- A UnitedHealthcare Pharmacy and Therapeutics (UnitedHealthcare P&T) approved medical benefit drug policy; or
- Medicaid State criteria as required; or
- All of the following:
  - FDA approved labeling, including but not limited to indication, patient age requirements, dosing recommendations, contraindications, and clinical trial inclusion criteria (ex. genetic testing, comorbid conditions); and
  - Compendia (if available); and
  - Current standard of care, as per evidenced based literature (if available)

The medications identified on the <u>Review at Launch Medication List</u> will be subject to this policy until such time that UnitedHealthcare determines pre-service reviews are no longer necessary or the drugs are added to the Prior Authorization List.

Claims submitted for a medication identified on the <u>Review at Launch Medication List</u> will be reviewed against health plan benefits and for medical necessity, as per the above.

In accordance with the Federal Early and Periodic Screening, Diagnostic and Treatment (EPSDT) requirements, children less than 21 years of age are entitled to receive all Medicaid coverable and medically necessary services.

Providers are strongly encouraged to seek a pre-determination on any new to market medications that are subject to review at launch to ensure coverage. Please be aware if a pre-determination is not requested, UnitedHealthcare may later deny the service or item as not medically appropriate or not covered. If a provider knows or has reason to believe that a service or item may not be covered, the provider must request a pre-service organization determination from UnitedHealthcare prior to providing or referring for the service or item.

Medical Benefit Drug Policies express UnitedHealthcare's determination of whether a health services is proven to be effective based on published clinical evidence. They are also used to decide whether a given health service is medically necessary. Services determined to be experimental, investigational, unproven or not medically necessary by the clinical evidence may not be covered.

## **Applicable Codes**

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

HCPCS Code	Description
C9399	Unclassified drugs or biologicals
J3490	Unclassified drugs
J3590	Unclassified biologics

### Background

The Review at Launch program provides UnitedHealthcare the ability to review, evaluate, and implement programs for new to market medications. Additionally, it provides the opportunity to assess the coverage status of these new medications, and properly re-direct providers to State Medicaid Fee-For-Service programs when appropriate. The medications may be added to the Prior Authorization List once they have been evaluated by the UnitedHealthcare Pharmacy and Therapeutics Committee and a final utilization management strategy has been determined.

#### References

- 1. AHFS Drug information [website]. Available at: <u>http://www.ahfsdruginformation.com/</u>. Accessed August 30, 2023.
- 2. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2017. Available at: <u>http://www.goldstandard.com</u>. Accessed August 30, 2023.
- Micromedex 2.0 [database online]. Truven Health Analytics, Inc. Greenwood Village, CO. Available at: <u>http://www.micromedexsolutions.com</u>. Accessed August 30, 2023.
- 4. UpToDate [database online]. Available at: http://www.uptodate.com/. Accessed August 30, 2023.
- 5. InterQual® [website]. Available at: https://prod.cue4.com/help/InterQualOnline/BookViewHelp/content/home.htm#.

## **Policy History/Revision Information**

Date	Summary of Changes
09/01/2024	Coverage Rationale
	<ul> <li>Added language to indicate:         <ul> <li>Providers are strongly encouraged to seek a pre-determination on any new to market medications that are subject to review at launch to ensure coverage; if a pre-determination is not requested, UnitedHealthcare may later deny the service or item as not medically appropriate or not covered</li> </ul> </li> </ul>

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 UnitedHealthcare Community Plan Medical Benefit Drug Policy
 Effective 09/01/2024

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Date	Summary of Changes
	<ul> <li>If a provider knows or has reason to believe that a service or item may not be covered, the provider must request a pre-service organization determination from UnitedHealthcare prior to providing or referring for the service or item</li> <li>Medical Benefit Drug Policies express UnitedHealthcare's determination of whether a health services is proven to be effective based on published clinical evidence and are used to decide whether a given health service is medically necessary; services determined to be experimental, investigational, unproven, or not medically necessary by the clinical evidence may not be covered</li> <li>Removed language indicating this policy does not apply to:         <ul> <li>Antibiotics/anti-infectives</li> <li>Investigational/experimental medications</li> <li>Medications used for the treatment of oncological conditions (these therapies are addressed by other policies/programs)</li> <li>Nuclear pharmacy products (materials used in nuclear medicine procedures)</li> <li>Vaccines</li> </ul> </li> </ul>
	Supporting Information
	Archived previous policy version CSLA2023D0060I

#### **Instructions for Use**

This Medical Benefit Drug Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state or contractual requirements for benefit plan coverage govern. Before using this policy, please check the federal, state or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Benefit Drug Policy is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual<sup>®</sup> criteria, to assist us in administering health benefits. The UnitedHealthcare Medical Benefit Drug Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.