

UnitedHealthcare® West Benefit Interpretation Policy

Sexual Dysfunction

Policy Number: BIP161.M Effective Date: July 1, 2024

Instructions for Use

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Related Benefit Interpretation Policy

Inpatient and Outpatient Mental Health

Federal/State Mandated Regulations

None

State Market Plan Enhancements

Members may have supplemental outpatient drug benefit for drugs for sexual dysfunction. Refer to the member's EOC/SOB to determine coverage eligibility.

Covered Benefits

Important Note: Covered benefits are listed in *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits* sections. Always refer to the *Federal/State Mandated Regulations* and *State Market Plan Enhancements* sections for additional covered services/benefits not listed in this section.

Refer to the member's Evidence of Coverage (EOC) or Schedule of Benefits (SOB) to determine coverage eligibility.

- Diagnostic services, including but not limited to:
 - o Medical history and physical exam (including sexual history and psychosocial evaluation)
 - Routine laboratory services, including measurement of the following:
 - Serum testosterone
 - Gonadotropin levels
 - Serum prolactin
 - Thyroxin
 - Nocturnal penile tumescence testing
 - Psychiatric evaluation when appropriate
- Testosterone injections for documented low testosterone levels.

Note: Coverage may be available for the treatment of sexual dysfunction for medically necessary treatment for mental health care services and substance-related and addictive disorders. Refer to the member's Evidence of Coverage (EOC)/Schedule of Benefit (SOB) to determine coverage eligibility.

Not Covered

Sexual dysfunction or inadequacy medications/drugs, procedures, services, and supplies, including but not limited to:

- External vacuum devices, pumps or constriction rings (e.g., ErecAid)
- Surgical procedures, including penile revascularization and implantation of penile prosthesis (e.g., FlexiRod)

- Prescription or injectable medications, including but not limited to:
 - Alprostadil urethral suppository (MUSE)
 - Viagra
 - Testosterone patches
 - Caverject
 - Papaverine
 - o Regitine

Note: Members may have supplemental outpatient prescription coverage for drugs for sexual dysfunction. Refer to the member's EOC/SOB to determine coverage eligibility.

Policy History/Revision Information

Date	Summary of Changes
07/01/2024	Covered Benefits
	 Added language to indicate coverage may be available for the treatment of sexual dysfunction for medically necessary treatment for mental health care services and substance-related and addictive disorders; refer to the member's Evidence of Coverage (EOC)/Schedule of Benefit (SOB) to determine coverage eligibility
	Not Covered
	 Added language to indicate members may have supplemental outpatient prescription coverage for drugs for sexual dysfunction; refer to the member's EOC/SOB to determine coverage eligibility
	Supporting Information
	Archived previous policy version BIP161.L

Instructions for Use

Covered benefits are listed in three (3) sections: Federal/State Mandated Regulations, State Market Plan Enhancements, and Covered Benefits. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations, and exclusions as stated in the member's Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member's EOC/SOB, the member's EOC/SOB provision will govern.