

UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

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|-------------------|---|
| Program Number    | 2024 P 2179-7   |
| Program           | Prior Authorization/Medical Necessity                   |
| Medication        | Sucraid (sacrosidase) oral solution                     |
| P&T Approval Date | 12/2019, 1/2020, 1/2021, 1/2022, 1/2023, 1/2024, 4/2024 |
| Effective Date    | 7/1/2024  |

**1. Background:**

Sucraid (sacrosidase) is an oral enzyme replacement therapy indicated for the treatment of genetically determined sucrase deficiency, which is part of congenital sucrase-isomaltase deficiency (CSID).

**2. Coverage Criteria:**

**A. Initial Authorization**

1. **Sucraid** will be approved based on **all** of the following criteria:

a. Diagnosis of congenital sucrase-isomaltase deficiency (CSID)

**-AND-**

b. Diagnosis has been confirmed by **one** of the following:

(1) Endoscopic biopsy of the small bowel indicating **all** of the following:

- (a) Normal small bowel morphology
- (b) Absent or markedly reduced sucrase activity
- (c) Isomaltase activity varying from 0 to full activity
- (d) Reduced maltase activity
- (e) **One** of the following:

- i. Normal lactase activity
- ii. **Both** of the following:

- Reduced lactase
- Sucrase:lactase ratio of < 1.0

**-OR-**

(2) Molecular genetic testing of the sucrase-isomaltase (SI) gene indicating a pathogenic isomaltase gene variant

**-OR-**

(3) Carbon-13 sucrose breath test (<sup>13</sup>C SBT) indicating a cumulative [<sup>13</sup>C] CO<sub>2</sub> exhalation over 90 minutes below 10<sup>th</sup> percentile (i.e., < 3.9% for men and < 5.2% for women)

-AND-

- c. Prescribed by or in consultation with a gastroenterologist or rare disease specialist

-AND-

- d. Will be used with a sucrose-free, low starch diet

**Authorization will be issued for 3 months.**

## **B. Reauthorization**

1. **Sucraid** will be approved based on **all** of the following criterion:

- a. Documentation of positive clinical response Sucraid therapy [e.g., reduced symptoms (e.g., abdominal pain, bloating, gas, vomiting), reduced number of stools per day, reduced number of symptomatic days]

-AND-

- b. Prescribed by or in consultation with a gastroenterologist or rare disease specialist

-AND-

- c. Will be used with a sucrose-free, low starch diet

**Authorization will be issued for 12 months.**

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

## **3. Additional Clinical Rules:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Prior Authorization/Notification may be in place.

## **4. References:**

1. Sucraid [package insert]. Vero Beach, FL: QOL Medical, LLC; May 2023.
2. Congenital sucrose-isomaltase deficiency. U.S. Nation Library of Medicine. October 2019.
3. Puntis JW, Zamvar V. Congenital sucrose-isomaltase deficiency: diagnostic challenges and response to enzyme replacement therapy. Arch Dis Child. September 2015.
4. Treem WR. Clinical aspects and treatment of congenital sucrose-isomaltase deficiency. J Ped Gastro Nutr. 55 (Sup 2 Nov): S7-S13. November 2012.
5. Treem WR, McAdams L, Stanford L, Kastoff G, Justinich C, Hyams J. Sacrosidase therapy for congenital sucrose-isomaltase deficiency. J Pediatr Gastroenterol Nutr. 1999 Feb;28(2):137-42. doi: 10.1097/00005176-199902000-00008. PMID: 9932843.

6. Robayo-Torres CC, Opekun AR, Quezada-Calvillo R, Villa X, Smith EO, Navarrete M, Baker SS, Nichols BL. 13C-breath tests for sucrose digestion in congenital sucrase isomaltase-deficient and sacrosidase-supplemented patients. *J Pediatr Gastroenterol Nutr.* 2009 Apr;48(4):412-8. doi: 10.1097/mpg.0b013e318180cd09. PMID: 19330928; PMCID: PMC3955999.

| Program               | Prior Authorization/Medical Necessity – Sucraid   |
|-----------------------|---|
| <b>Change Control</b> |   |
| 12/2019               | New program   |
| 1/2020                | Administrative; criteria clarification  |
| 1/2021                | Annual review. Updated references.  |
| 1/2022                | Annual review. Updated coverage criteria with current testing guidelines.   |
| 1/2023                | Annual review with no changes to coverage criteria. Updated references.   |
| 1/2024                | Annual review. Updated confirmation of diagnosis requirements for initial authorization. Simplified reauthorization criteria. Updated references. |
| 4/2024                | Added carbon-13 sucrose breath test as an acceptable confirmatory diagnostic test. Updated references.  |