

Maine: Medication alternatives to opioid products

Quick reference guide

This quick reference guide outlines the covered medication alternatives to opioid products and benefit limits for health care professionals treating patients with pain management needs.

Pain management medication alternatives and benefit limits

Medication alternatives	Strength/dosage limits
Nonsteroidal anti-inflammatory drugs (NSAIDs)	Daypro® 600mg tab – Tier 4 Diclofenac potassium 50mg tab – Tier 2 Diclofenac sodium DR 25mg, 50mg, 75mg – Tier 1 Diclofenac sodium ER 100mg tab, diclofenac/misoprostol 50-0.2mg, 75-0.2mg DR tab – Tier 3 EC-Naprosyn® 375mg tab –Tier 3 EC-Naprosyn® 500mg tab – Tier 4 Etodolac 200mg, 300mg cap, Etodolac 400mg, 500mg tab – Tier 2 Etodolac 400mg, 500mg, 600mg ER tab – Tier 3 Feldene® 10mg, 20mg cap – Tier 4 Flurbiprofen 50mg, 100mg tab – Tier 1 Ibuprofen 400mg, 600mg, 800mg tabs – Tier 1 Indocin® 25mg/5mL susp – Tier 4 (Non-Formulary on the Essential Prescription Drug List) Indocin® 50mg suppository – Tier 4 Indomethacin 25mg, 50mg cap – Tier 1 Indomethacin 25mg/5mL susp – Tier 3 (Non-Formulary on the Essential Prescription Drug List) Indomethacin 50mg suppository – Tier 3 Indomethacin 75mg ER cap – Tier 2 Ketorolac tromethamine 10mg tab – Tier 1

Medication alternatives	Strength/dosage limits
Nonsteroidal anti-inflammatory drugs (NSAIDs) (cont.)	Ketorolac tromethamine 15.75mg/spray nasal spray, Sprix 15.75mg/spray nasal spray – Tier 4 (Non-Formulary on the Essential Prescription Drug List) Meclofenamate sodium 50mg, 100mg cap – Tier 1 Mefenamic acid 250mg cap – Tier 3 Meloxicam 7.5mg, 15mg tabs – Tier 1 Meloxicam 7.5mg/5mL susp – Tier 4 Nabumetone 500mg, 750mg tab – Tier 1 Naproxen EC 375mg, 500mg tabs/Naproxen 250mg, 375mg, 500mg tab – Tier 1 Naproxen sodium 275mg, 500mg tab – Tier 2 Oxaprozin 600mg tab – Tier 2 Piroxicam 10mg, 20mg cap – Tier 2 Sulindac 150mg, 200mg tab – Tier 1 Tolmetin 400mg cap, Tolmetin 600mg tab – Tier 2
Topical analgesics	Lidocaine 5% ointment – Tier 2 Lidocaine 5% patch, ZTlido® 1.8% patch – Tier 3
Cox-2 inhibitors	Celecoxib 50mg, 100mg, 200mg, 400mg caps – Tier 2
Skeletal muscle relaxants	Baclofen 25mg/5mL susp – Tier 3 Baclofen 5mg, 10mg, 20mg tab – Tier 1 Baclofen 5mg/5mL, 10mg/5mL solution, Baclofen 35mg/5mL susp, Fleqsuvy® 25mg/5mL, Ozobax® 5mg/5mL, Ozobax® DS 10mg/5mL solution – Tier 4 Carisoprodol 350mg – Tier 1 Chlorzoxazone 500mg tab – Tier 1 Cyclobenzaprine 5mg, 10mg tab – Tier 1 Dantrium® 25mg, 50mg cap – Tier 4 Dantrolene 25mg, 50mg, 100mg cap – Tier 1 Metaxalone 400mg, 800mg tab – Tier 3 Methocarbamol 500mg, 750mg – Tier 1 Orphenadrine 100mg ER tab – Tier 2 Tizanidine 2mg, 4mg tab – Tier 1 Tizanidine 2mg, 4mg, 6mg cap – Tier 3 Zanaflex® 2mg, 4mg, 6mg cap, Zanaflex 4mg tab – Tier 4

Medication alternatives	Strength/dosage limits
Antidepressants	Amitriptyline 10mg, 25mg, 50mg, 75mg, 100mg, 150mg tab – Tier 1 Clomipramine 25mg, 50mg, 75mg cap – Tier 3 Desipramine 10mg, 25mg, 50mg, 75mg, 100mg, 150mg tab – Tier 1 Desvenlafaxine ER 25mg, 50mg, 100mg ER tab – Tier 3 Doxepin 10mg, 25mg, 50mg, 75mg, 100mg, 150mg cap, Doxepin conc 10mg/mL – Tier 1 Duloxetine 20mg, 30mg, 60mg cap – Tier 2 Imipramine HCL 10mg, 25mg, 50mg tablet, Imipramine Pamoate 75mg, 100mg, 125mg, 150mg cap – Tier 1 Norpramin 10mg, 25mg tab – Tier 4 Nortriptyline 10mg, 25mg, 50mg, 75mg cap, Nortriptyline 10mg/5mL sol – Tier 1 Protriptyline 5mg, 10mg tab – Tier 1 Savella® 12.5mg, 25mg, 50mg, 100mg, Titration pack – Tier 4 Venlafaxine 37.5mg, 75mg, 150mg ER cap, Venlafaxine 25mg, 37.5mg, 50mg, 75mg, 100mg tab – Tier 1
Anticonvulsant	Carbamazepine 100mg chew, Carbamazepine 100mg/5mL susp, Carbamazepine 200mg tab, Epitol® 200mg tab – Tier 1 Carbamazepine 100mg, 200mg, 300mg ER cap – Tier 2 Carbamazepine 100mg, 200mg, 400mg ER tab, Equetro® 100mg, 200mg, 300mg cap – Tier 3 Carbatrol® 100mg, 200mg, 300mg cap, Tegretol-XR® 100mg, 200mg, 400mg tab – Tier 4 (Non-Formulary on Essential Prescription Drug List) Depakote® 125mg, 250mg, 500mg DR tab, Depakote ER® 250mg, 500mg tab, Depakot® 125mg sprinkle cap – Tier 4 Dilantin® 30mg, 100mg cap, Dilantin® 50mg chew, Dilantin® 125mg/5mL susp – Tier 3 Divalproex 125mg cap, Divalproex 250mg, 500mg ER tab – Tier 2 Divalproex 125mg, 250mg, 500mg DR tab, Valproic Acid 250mg cap – Tier 1 Gabapentin 100mg, 300mg, 400mg cap, Gabapentin 250mg/5mL solution, Gabapentin 600mg, 800mg tab – Tier 1 Lamictal® 5mg, 25mg chew, Lamictal Starter Kits®, Lamictal® 25mg, 100mg, 150mg, 200mg tab – Tier 4 (Non-Formulary on the Essential Prescription Drug List) Lamictal ODT Kits®, Lamictal® ODT 25mg, 50mg, 100mg, 200mg tab – Tier 4

Medication alternatives	Strength/dosage limits
Anticonvulsant (cont.)	Lamictal XR® Kits, Lamictal XR 25mg, 50mg, 100mg, 200mg, 250mg, 300mg tab, Lamotrigine ODT 25mg, 50mg, 100mg, 200mg tab, Lamotrigine 25mg, 50mg, 100mg, 200mg, 250mg, 300mg ER tab, Lamotrigine ODT Kit (25 (14) & 50 (14) & 100mg (7)) Tier 3 (Non-Formulary on the Essential Prescription Drug List) Lamotrigine 5mg, 25mg chew, Lamotrigine Starter Kits, Lamotrigine 25mg, 100mg, 150mg, 200mg tab, Subvenite Starter Kits®, Subvenite® 25mg, 100mg, 150mg, 200mg tab – Tier 1 Lamotrigine ODT Kit 25/50mg, 50/100mg – Tier 3 Lyrica 25mg, 50mg, 75mg, 100mg, 150mg, 200mg, 225mg, 300mg cap, Lyrica 20mg/mL sol – Tier 4 (Non-Formulary on the Essential Prescription Drug List) Neurontin® 100mg, 300mg, 400mg cap, Neurontin® 600mg, 800mg tab, Neurontin 250mg/5mL sol – Tier 4 (Non-Formulary on the Essential Prescription Drug List) Oxcarbazepine 300mg/5mL susp, Oxcarbazepine 150mg, 300mg, 600mg tab – Tier 1 Phenytek® 200mg cap, Phenytoin 50mg chew, Phenytoin 125/5mL susp, Phenytoin 100mg, 200mg, 300mg extended cap – Tier 1 Phenytek® 300mg cap – Tier 1 (Tier 4 on the Essential Prescription Drug List) Pregabalin 20mg/mL sol – Tier 3 Pregabalin 25mg, 50mg, 75mg, 100mg, 150mg, 200mg, 225mg, 300mg cap – Tier 2 Tegretol® 100mg/5mL susp, Tegretol® 200mg tab – Tier 3 (Non-Formulary on Essential Prescription Drug List) Trileptal 300mg/5mL, Trileptal 150mg, 300mg, 600mg tab –Tier 4 (Non-Formulary on the Essential Prescription Drug List)
Corticosteroids	Cortef® 5mg, 10mg, 20mg tab – Tier 4 Dexamethasone 6-day, 10-day, 13-day therapy pack, Taperdex® 7-day, 12-day therapy pack – Tier 3 Dexamethasone conc 1mg/mL, Dexamethasone 0.5mg/5mL elixir, Dexamethasone 0.5mg/5mL solution, Dexamethasone 0.5mg, 0.75mg, 1mg, 1.5mg, 2mg, 4mg, 6mg tab – Tier 1 Hydrocortisone 5mg, 10mg, 20mg tab – Tier 1 Medrol® 4mg, 8mg, 16mg. Medrol® 4mg therapy pack – Tier 4 Medrol® 2mg – Tier 2 Methylprednisolone 4mg, 8mg, 16mg, 32mg tab, Methylprednisolone 4mg therapy pack – Tier 1

Medication alternatives	Strength/dosage limits
Corticosteroids (cont.)	Orapred® 10mg, 15mg, 30mg ODT – Tier 4 Pediapred® 5mg/5mL sol – Tier 2 Prednisolone 15mg/5mL solution, Prednisolone 10mg, 15mg, 30mg ODT – Tier 1 Prednisolone 5mg tab – Tier 3 Prednisone 5mg/mL conc, Prednisone 5mg (21), 5mg (48), 10mg (21), 10mg (48) pack, Prednisone 5mg/5mL sol, Prednisone 1mg, 2.5mg, 5mg, 10mg, 20mg, 50mg tab – Tier 1 Taperdex 6-day therapy pack – Tier 4



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