



UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

Program Number	2024 P 2245-10
Program	Prior Authorization/Medical Necessity – Custom Oxford SoNY and SoCT - Diabetes Medications - DPP4 Inhibitors
Medication	Januvia® (sitagliptin)*, Janumet® (sitagliptin/metformin immediate-release)*, Janumet XR (sitagliptin/metformin extended-release)*
P&T Approval Date	10/2016, 10/2017, 10/2018, 10/2019, 4/2020, 5/2020, 8/2020, 7/2021, 9/2022, 4/2024
Effective Date	Oxford: 7/1/2024

**1. Background:**

Januvia (sitagliptin)\* is indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus. Janumet (sitagliptin/metformin)\* and Janumet XR (sitagliptin/metformin extended-release)\* are indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus when treatment with both sitagliptin and metformin/metformin extended-release is appropriate.

**2. Coverage Criteria<sup>a</sup>:**

<p><b>A. Januvia*</b> will be approved based on the following criterion:</p> <ol style="list-style-type: none"><li>1. Submission of medical records documenting a history of a three month trial<sup>b</sup> resulting in a therapeutic failure, contraindication (e.g. risk factors for heart failure), or intolerance to <b>both</b> of the following (Document date and duration of trial):<ol style="list-style-type: none"><li>a. Tradjenta (linagliptin)</li></ol></li></ol> <p style="text-align: center;">-AND-</p> <ol style="list-style-type: none"><li>b. <b>One</b> of the following:<ol style="list-style-type: none"><li>(1) Nesina* (alogliptin)</li><li>(2) Onglyza* (saxagliptin)</li></ol></li></ol> <p style="text-align: center;"><b>Authorization will be issued for 12 months</b></p>
<p><b>B. Janumet* and Janumet XR*</b> will be approved based on the following criterion:</p> <ol style="list-style-type: none"><li>1. Submission of medical records documenting a history of a three month trial<sup>b</sup> resulting in a therapeutic failure, contraindication (e.g. risk factors for heart failure), or intolerance to <b>all</b> of the following (Document date and duration of trial):<ol style="list-style-type: none"><li>a. Jentadueto (linagliptin/metformin immediate-release)/ Jentadueto XR (linagliptin/metformin extended-release)</li></ol></li></ol> <p style="text-align: center;">-AND-</p>

b. **One** of the following:

- (1) Kazano (alogliptin/metformin immediate-release)
- (2) Kombiglyze XR\* (saxagliptin/metformin extended-release)

**Authorization will be issued for 12 months**

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

<sup>b</sup> For Connecticut business only a 30 day trial will be required.

\* Januvia, Janumet, Janumet XR, multi-source brand Nesina, multi-source brand Onglyza, and multi-source brand Kombiglyze XR are typically excluded from coverage

**3. Additional Clinical Rules:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

**4. References:**

1. Januvia [package insert]. Rahway, NJ: Merck & CO. Inc.; July 2023.
2. Janumet [package insert]. Rahway, NJ: Merck & CO. Inc.; July 2022.
3. Janumet XR [package insert]. Rahway, NJ: Merck & Co., Inc.; July 2022.
4. American Diabetes Association. Standard of Medical Care in Diabetes- 2023. Diabetes Care 2023;46 (Supplement 1)

Program	Prior Authorization/Medical Necessity – Diabetes Medication- DPP4 Inhibitors
<b>Change Control</b>	
10/2016	New - Replacing Diabetes Medication Notification program P1025 originally P&T approved 11/2012.
10/2017	Annual review. Updated references. State mandate reference language updated.
10/2018	Annual review. Updated references. Added Jentaducto XR as a Step 1 option.
10/2019	Annual review. Added information on automated approval language.
4/2020	Removed the automated approval language.
5/2020	Added Januvia, Janumet and Janumet are typically excluded from coverage.
8/2020	Added requirement for submission of medical records.
7/2021	Annual review. Updated references. Program type changed from Prior Authorization/Notification (P 1198-7) to Prior Authorization/Medical Necessity (P 2245-8).
9/2022	Annual review. Updated references.

4/2024	Updated products typically excluded from coverage. Updated references.
--------	--